A tutorial for conducting causal mediation analysis with the **twangMediation** package

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1 Introduction

The twangMediation R package is an extension of the Toolkit for Weighting and Analysis of Nonequivalent Groups (twang) R package that contains a set of functions to support causal modeling of observational data through the estimation and evaluation of propensity scores and propensity score-based weights. Currently, twang can be used to estimate treatment effects with two or more treatment groups and time-varying treatments. The twangMediation package builds on the twang package to estimate mediation effects for binary, ordinal, multinomial (categorical), or continuous mediator(s) of a binary exposure variable. This tutorial provides an introduction to causal mediation analysis using twangMediation and demonstrates its use through an illustrative example. We first provide a brief overview of causal mediation, including definitions of the natural direct and indirect estimands of interest, as well as the required identification assumptions. If you are already familiar with causal mediation, you can skip to Section 2.1 for an introduction to our illustrative example and to Section 5 for step-by-step instructions for the twangMediation functions for estimating causal mediation effects.

2 An Overview of Causal Mediation

An important scientific goal in many fields of research is determining to what extent the total effect of an exposure on an outcome is mediated by an intermediate variable on the causal pathway between the exposure and outcome. A simple mediation model is illustrated in Figure 1 where $Y \equiv$ outcome, $A \equiv$ exposure, $X \equiv$ pre-exposure covariates, and $M \equiv$ mediator. Note that we use "exposure" broadly to refer to a non-randomized or randomized condition, treatment, or intervention.

Figure 1: Graphical depiction of a simple mediation model.



The **total effect** of A on Y includes two possible causal paths from A to Y: the path $A \to M \to Y$ is the **indirect effect** of A on Y through M and the path $A \to Y$ is the **direct effect** of A on Y that does not go through M. Direct and indirect effects are of scientific interest because they provide a framework to quantify and characterize the mechanism by which an exposure affects a given outcome.

Traditionally, direct and indirect effects have been evaluated using linear model specifications for the observed data, assuming no interactions or nonlinearities involving A and M. The definitions of the direct and indirect effects themselves rely on this linear specification. In response, a fast-growing literature in causal inference focuses on the definition, identification, and estimation of direct and indirect effects in fully non-parametric models (i.e., does not rely on a linear model specification) primarily based on ideas developed by Robins and Greenland (1992) and Pearl (2001). These developments use potential outcomes/counterfactuals to give non-parametric definitions of the effects involved in mediation analysis, known as controlled direct effects, natural direct and indirect effects, and interventional effects. For an introduction to all of these effects, see Nguyen et. al. (2020). Here, we focus on the natural (in)direct effects.

Mediation is inherently about **causal** effects, which are defined as the difference between two potential outcomes for an individual. We begin by introducing the potential outcomes needed to define the natural direct and indirect effects.

Consider the case in which A is a binary indicator of the exposure, indicating the exposed condition (A = 1) or the comparison condition (A = 0). There are two potential outcomes for each study participant corresponding to each exposure level a: the outcome had they received the exposure, denoted Y_1 , and the outcome had they received the comparison condition, denoted Y_0 . These two potential outcomes, Y_1 and Y_0 , exist for all individuals in the population regardless of whether the individual received the exposure or comparison condition. However, we can observe only one of these outcomes for each participant depending on which exposure condition the individual actually receives.

The mediator is an "intermediate" outcome of the exposure and itself has potential values. For each exposure level a there is a corresponding potential mediator value, denoted M_a . Also, there is a corresponding potential outcome that reflects the outcome value that would arise under the specific exposure level a and the specific potential mediator value M_a – this potential outcome is denoted $Y_{(a,M_a)}$. Causal definitions of direct and indirect effects require extending the potential outcomes framework such that there is a potential outcome for each treatment and mediator pair. For the case of a binary exposure A, there are four potential outcomes for an individual, formed by crossing both potential exposure values with both potential mediator values: $Y_{(1,M_1)}, Y_{(0,M_0)}, Y_{(1,M_0)}$, and $Y_{(0,M_1)}$. Only $Y_{(1,M_1)}$ or $Y_{(0,M_0)}$, which correspond to the individual receiving A = 1 or A = 0 respectively, can be observed in practice. The other two potential outcomes are hypothetical quantities (i.e., the mediator value is manipulated to take on the value it would have under the other exposure condition); these are necessary to define the causal estimands of interest, as we detail later. Furthermore, for a given individual i, we can observe only one outcome, namely that which corresponds to the exposure level a that the individual received: $Y_{i,(A_i=a,M_{i,a}=m)}$. Before defining the natural direct and indirect effect estimands, we introduce our motivating example so that we may use it to more concretely define these effects.

2.1 Motivating Example

Our motivating example applies mediation analysis to health disparities research. Our specific focus is examining potential mediating pathways that explain substance use disparities among sexual minority (e.g., gay, lesbian, or bisexual) women, using data from the National Survey of Drug Use and Health (NSDUH). Specifically, lesbian, gay, and bisexual (LGB) women report

higher rates of smoking and alcohol use than heterosexual women. We conceptualize sexual minority status as the exposure of interest, in that it gives rise to experiences of "minority stress," namely excess social stressors experienced by individuals in a marginalized social group (e.g., LGB individuals). Manifestations of minority stress may include experiences of stigma, discrimination, bullying, and family rejection, among others. Substance use among LGB individuals has been theorized to reflect, in part, a coping strategy to minority stress experiences. In our example, the particular outcome of interest is current smoking among LGB women, which we know to be disproportionately higher than among heterosexual women (Schuler & Collins, 2019). We apply mediation analysis to elucidate potential causal pathways that may give rise to these elevated rates of smoking. Specifically, our hypothesized mediator is early smoking initiation (i.e., prior to age 15); that is, we hypothesize that LGB girls are more likely to begin smoking at an early age than heterosexual women, potentially in response to minority stressors. Resultantly, early smoking initiation, which is a strong risk factor for developing nicotine dependence, contributes to higher rates of smoking among LGB women. In summary, the exposure is defined as sexual minority status (1=LGB women, 0=heterosexual women), the mediator is early smoking initiation (1=early initiation, 0=no early initiation), and the outcome is current smoking in adulthood (1=yes, 0=no). Baseline covariates include age, race/ethnicity, education level, household income, employment status, marital status, and urban vs. rural residence. Figure 2 illustrates our motivating example:

Figure 2: Graphical depiction of the effect of LGB status on adult smoking status as mediated by early smoking initiation.



2.2 Estimands: Natural direct and indirect effects

Causal effects are defined as contrasts between different potential outcomes. Specifically, our causal estimands of interest are the natural direct and natural indirect effects, defined below. First, we define the potential outcomes in the context of our motivating example. We consider two possible exposure values: LGB status, A = 1, and heterosexual status, A = 0 (note that these groups reflect the measurement of sexual identity in the NSDUH; individuals may identify as a broader range of sexual identities). Correspondingly, there are two potential mediator values: early smoking initiation status corresponding to LGB status, M_1 , and early smoking initiation status corresponding to heterosexual status, M_0 .

When we cross the possible exposure values and potential mediator values, there are four potential outcome values:

• $Y_{(1,M_1)}$, the potential outcome for adult smoking status when an individual is LGB and has the early smoking initiation status corresponding to LGB status.

- $Y_{(0,M_0)}$, the potential outcome for adult smoking status when an individual is heterosexual and has the early smoking initiation status corresponding to heterosexual status.
- $Y_{(1,M_0)}$, the potential outcome for adult smoking status when an individual is LGB but has the early smoking initiation status corresponding to heterosexual status.
- $Y_{(0,M_1)}$, the potential outcome for adult smoking status when an individual is heterosexual but has the early smoking initiation status corresponding to LGB status.

As discussed previously, the latter two potential outcomes, $Y_{(1,M_0)}$ and $Y_{(0,M_1)}$, are never observed for any individual, yet allow us to more precisely define causal estimands for direct and indirect effects. We begin by defining the total effect (TE) of A on Y in the case of a binary exposure (a = 1 and a' = 0 or a = 0 and a' = 1):

$$TE = E\left(Y_{(a,M_a)} - Y_{(a',M_{a'})}\right) = E\left(Y_a - Y_{a'}\right)$$
(1)

where the expectation is over individuals.

The natural direct effect (NDE) and natural indirect effect (NIE), which sum to produce the total effect, are defined as follows:

$$NDE_{a'} = E\left(\frac{Y_{(a,M_{a'})} - Y_{(a',M_{a'})}}{2}\right)$$
(2)

$$NIE_a = E\left(Y_{(a,M_a)} - Y_{(a,M_{a'})}\right) \tag{3}$$

Note that the NDE and NIE definitions rely on hypothetical (unobservable) potential outcomes, denoted in red and often referred to as cross-world counterfactuals or cross-world potential outcomes. The subscripts for NDE denote the condition to which the mediator is held constant, whereas the subscripts for NIE denote the condition to which the exposure is held constant. Each decomposition includes an NIE and an NDE corresponding to opposite subscripts.

As shown below, the *NDE* and *NIE* sum to the *TE*. Consider the following decomposition of *TE* in the case of a binary exposure for a = 1 and a' = 0, obtained by adding and subtracting $E(Y_{(1,M_0)})$:

$$\underbrace{E(Y_1 - Y_0)}_{\text{total effect}} = E(Y_{(1,M_1)} - Y_{(0,M_0)})$$

$$= \underbrace{E(Y_{(1,M_1)} - Y_{(1,M_0)})}_{\text{natural indirect effect}} + \underbrace{E(Y_{(1,M_0)} - Y_{(0,M_0)})}_{\text{natural direct effect}} + \underbrace{E(Y_{(1,M_0)} - Y_{(0,M_0)})}_{\text{natural direct}} + \underbrace{E(Y_{(1,M_0)} - Y_{(1,M_0)})}_{\text{natural direct}} + \underbrace{E(Y_{(1,M_0)} - Y_{(1,M_0)}$$

In the context of our motivating example, the NDE_0 term, $E(Y_{(1,M_0)} - Y_{(0,M_0)})$, compares adult smoking status corresponding to LGB versus heterosexual status, holding early smoking initiation status to the value that would be obtained if heterosexual. The NDE_0 will be non-null only if LGB status has an effect on adult smoking status when early smoking initiation status is held fixed – namely, if LGB status has a **direct** effect on the outcome, not through the mediator.

The NIE_1 term $E\left(Y_{(1,M_1)} - Y_{(1,M_0)}\right)$ compares adult smoking status under the early smoking initiation status that would arise with and without the exposure condition (i.e., LGB status), for those in the exposure group (i.e., LGB women). The NIE_1 will be non-null only if LGB status has an **indirect** effect on adult smoking status via early smoking initiation among LGB women.

The previous TE decomposition comprised of NDE_0 and NIE_1 is obtained by adding and subtracting the term $E(Y_{(1,M_0)})$. We can similarly define an alternative TE decomposition comprised of NDE_1 and NIE_0 , by adding and subtracting $E(Y_{(0,M_1)})$ as follows:

$$\underbrace{\overbrace{E(Y_1 - Y_0)}^{\text{total effect}}}_{E(Y_1 - Y_0)} = E\left(Y_{(1,M_1)} - Y_{(0,M_0)}\right)$$

$$= \underbrace{\overbrace{E(Y_{(1,M_1)} - Y_{(0,M_1)})}^{\text{natural direct effect}}}_{E(Y_{(0,M_1)} - Y_{(0,M_0)})}_{E(Y_{(0,M_1)} - Y_{(0,M_0)})}$$

$$= NDE_1 + NIE_0$$
(5)

The twangMediation package provides estimates of both direct effects, NDE_0 and NDE_1 , as well as both indirect effects, NIE_0 and NIE_1 . Generally, if the treatment variable is defined as an exposure of interest versus a comparison group then the NIE_1 will be the mediating effect of interest. If the treatment variable reflects two alternative exposures of interest then the NIE_1 and NIE_0 are likely both of interest. See Nguyen et al. (2020) for a discussion of the differences between the two decompositions and how to decide which decomposition is of interest. For our case study, the NIE_1 is primarily the mediating effect of interest.

3 Identification Assumptions

In order to identify the natural (in)direct effects, we must impose assumptions that link the potential outcomes to our actual observed data. The approach implemented in twangMediation assumes positivity, consistency, and sequential ignorability, detailed below.

First, the <u>positivity assumption</u> requires that all individuals have some positive probability of receiving each level of the exposure and each level of the mediator. If individuals do not have a positive probability of receiving a particular level of the exposure or mediator, it is best to remove them from the sample because a causal effect is not meaningful for those individuals.

Additionally, the consistency assumption states that the outcome observed for an individual is identical to (i.e., consistent with) the potential outcome that corresponds to their observed exposure value; similarly, their observed mediator value is the potential mediator value that corresponds to their observed exposure value. In our example, if an individual's sexual identity is LGB (A = 1), then their observed mediator value M equals M_1 and their observed outcome Y equals $Y_{(1,M_1)}$. Similarly, if an individual's sexual identity is heterosexual (A = 0), then their observed mediator value M equals M_0 and their observed outcome Y equals $Y_{(0,M_0)}$.

Finally, sequential ignorability refers to a set of assumptions regarding confounding. The nonparametric assumptions typically made for identification of NDE and NIE conditioning on pre-exposure variables X are the following:

- 1. No unobserved confounding of the effect of A on M
- 2. No unobserved confounding of the effect of A on Y
- 3. No unobserved confounding of the effect of M on Y
- 4. No confounder (observed or unobserved) of the effect of M on Y that is affected by A

If individuals are randomly assigned to levels of the exposure, then assumptions 1 and 2 should hold. However, assumptions 3 and 4 may not hold even when there is random assignment to the exposure. See VanderWeele (2015) for further discussion of these identifying assumptions.

4 Estimation

The basic idea is to obtain estimates of $E(Y_{(1,M_1)})$, $E(Y_{(0,M_0)})$, $E(Y_{(1,M_0)})$, and $E(Y_{(0,M_1)})$ which are then plugged into Equations 4 or 5 to obtain estimates of the natural indirect and direct effects. Hong (2010) first defined the following weights $w_{aa'}$ to estimate each potential outcome, $E(Y_{(a,M_{a'})})$:

$$w_{aa'} = \frac{p(M = m | A = a', X = x)}{p(M = m | A = a, X = x)p(A = a | X = x)}.$$
(6)

(Note that $w_{aa'}$ is a function of X as well as a and a' but we omit X from the $w_{aa'}$ notation for simplicity). Under the previously stated assumptions of consistency, positivity, and sequential ignorability (i.e., X strictly pre-exposure, or not affected by A), Huber (2014) used the following manipulation (i.e., Bayes Rule)

$$p(M = m | A = a, X = x) = \frac{p(A = a | M = m, X = x)p(M = m | X = x)}{p(A = a | X = x)}$$

to obtain an easier set of weights to estimate:

$$w_{aa'} = \frac{p(M = m | A = a', X = x)}{p(M = m | A = a, X = x)p(A = a | X = x)} = \underbrace{\frac{p(A = a' | M = m, X = x)}{p(A = a | M = m, X = x)}}_{Q(A = a | M = m, X = x)} \underbrace{\frac{p(A = a' | M = m, X = x)}{p(A = a' | X = x)}}_{Q(A = a | X = x)}$$
(7)

These weights have been referred to as **cross-world weights** (Nguyen et al., 2021) as they are used to estimate the average cross-world potential outcomes (i.e., $E(Y_{(1,M_0)})$ or $E(Y_{(0,M_1)})$). In the denominator of Equation 7, note that p(A = a|X = x) appears on the left hand side whereas p(A = a'|X = x) appears on the right hand side; the change is the result of applying Bayes rule for the numerator and denominator of Equation 6. Following Nguyen et al. (2021), we will refer to the first term comprising the product on the right hand side of Equation 7 as an odds weight and the second term as an inverse probability weight (IPW). These terms are so named because the IPW is of the standard IPW form and the odds weight term is the usual form for estimating the average treatment effect among the treated/exposed (ATT), with the addition of conditioning on the mediator. In practice, the odds weight and IPW weight are calculated separately and then multiplied together to obtain the final cross-world weights.

As implemented in twangMediation, Generalized Boosted Modeling (GBM) is the default method used to estimate cross-world weights, whereas Huber (2014) used logistic or probit regression. As described below, twangMediation additionally provides the option to estimate the cross-world weights using logistic regression. Given that both TE decompositions (as shown in Equation 4 and Equation 5) may be of interest to the user, twangMediation estimates the required weights to estimate NDE_1 , NDE_0 , NIE_1 , and NIE_0 .

We begin with $E(Y_{(1,M_1)})$ and $E(Y_{(0,M_0)})$ – for these estimands, a = a' in Equation 7. Consider the case of a = a' = 1.

$$w_{11} = \underbrace{\frac{p(A=1|M=m, X=x)}{p(A=1|M=m, X=x)}}_{Q(A=1|M=m, X=x)} \underbrace{\frac{1}{p(A=1|X=x)}}_{Q(A=1|X=x)} = \underbrace{\frac{1}{1}}_{Q(A=1|X=x)} \underbrace{\frac{1}{p(A=1|X=x)}}_{Q(A=1|X=x)}$$
(8)

As we can see, in this case, the odds weight term cancels out to become 1 and our final weight w_{11} is simply the standard IPW (i.e., IPW that would be used to balance non-randomized exposure groups in the absence of a mediator), estimated for the probability of A = 1. Similarly, when a = a' = 0, the odds weight term also cancels out to become 1 and our final weight w_{00} is the IPW, estimated for the probability of A = 0. In these cases where the final weight is equivalent to the corresponding IPW weight, we will refer to these weights as "total effect weights." We

note that twangMediation does not estimate these total effect weights; rather, prior to using twangMediation, the user must estimate these weights (e.g., using a GBM propensity score model) and pass them to twangMediation (see Section 5.2). We emphasize that the user should check balance and diagnostics for the total effect weights prior to using twangMediation.

Next, we detail how twangMediation estimates the cross-world weights needed to obtain estimates of $E(Y_{(1,M_0)})$ (for the decomposition in Equation 4) and $E(Y_{(0,M_1)})$ (for the decomposition in Equation 5). Consider the case when a = 0 and a' = 1:

$$w_{01} = \underbrace{\frac{p(A=1|M=m, X=x)}{p(A=0|M=m, X=x)}}_{p(A=0|M=m, X=x)} \underbrace{\frac{1}{p(A=1|X=x)}}_{p(A=1|X=x)}$$
(9)

To calculate the odds weight term, twangMediation calls the ps function in twang to estimate a propensity score model predicting membership in the A = 1 group based on the covariates Xand mediator M. To calculate the IPW term, twangMediation calls the ps function in twang to estimate a propensity score model predicting membership in the A = 1 group based on the covariates X. The final cross-world weights w_{01} are calculated by multiplying the IPW with the respective odds weight term.

We note that although the IPW term in Equation 9 looks like the standard total effect weights provided by the user and used in Equation 8, twangMediation estimates this term in the context of Equation 9 to allow greater flexibility to the user. Specifically, this allows the user to use different covariates for the mediation analysis than for estimating the total effect weights, as might be appropriate if there are confounders related to the mediator and the outcome that do not confound the exposure and the outcome. Alternatively, if there is random assignment to the exposure, the user may wish to provide twangMediation with a vector of ones for the total effect weights but specify a non-null set of covariates X for the cross-world IPW. Additionally, this option allows the user to use different estimation methods for the total effect weights and the cross-world IPW.

Similarly, consider the case when a = 1 and a' = 0:

$$w_{10} = \underbrace{\frac{p(A=0|M=m, X=x)}{p(A=1|M=m, X=x)}}^{\text{Odds Weight}} \underbrace{\frac{1}{1}}{p(A=0|X=x)}$$
(10)

To calculate the odds weight term of Equation 10, twangMediation calls the ps function in twang to estimate a propensity score model predicting membership in the A = 0 group based on the covariates X and mediator M. To calculate the IPW term, twangMediation calls the ps function in twang to estimate a propensity score model predicting membership in the A = 0 group based on the covariates X. The final cross-world weights w_{10} are calculated by multiplying the IPW with the respective odds weight term.

5 Using twangMediation for causal mediation

5.1 Overview of the wgtmed function

Below we detail the syntax for the twangMediation wgtmed function, which provides estimates of the total effect, natural indirect effects, and natural direct effects. The wgtmed function returns a mediation object. The wgtmed function is an extension of the twang ps function for estimating propensity score weights using GBM. As such, much of the syntax is similar between the wgtmed and ps functions. Please refer to the twang documentation for a comprehensive overview of the ps function.

Regarding data requirements, the wgtmed function works only with binary exposure variables. However, the mediator(s) may be defined as binary, ordinal, multinomial (categorical), or continuous variables. The ability to handle complex mediators is one of the advantages of specifying models for the exposure in the cross-world weights, rather than for the mediator as originally proposed by Hong (2010). The outcome may be defined as a binary or continuous variable. In our applied example, the exposure, mediator, and outcome are all binary variables. For analyses that include multiple mediators simultaneously, the mediators may be different variable types (e.g., a binary mediator and a continuous mediator). Missing data is allowed for covariates, but not the exposure, mediator, or outcome.

If you have not already done so, install twangMediation from CRAN by typing install.packages("twangMediation"). twangMediation relies on other R packages, especially gbm, survey, twang, and lattice. You may have to run install.packages() for these as well if they are not already installed. You will only need to do this step once. In the future, running update.packages() regularly will ensure that you have the latest versions of the packages, including bug fixes and new features. To start, load the twangMediation package. You may also need to load the twang package for estimating the total effect weights. You will have to do this step once for each new R session.

> library(twangMediation)

> library(twang)

The dataset for the motivating example described above is available with the package and is named NSDUH_female. The variable lgb_flag is the exposure, defined as 1 for LGB individuals and 0 for heterosexual individuals. The mediator, cig15, denotes early smoking initiation (prior to age 15), with 1=yes and 0=no. The outcome, cigmon, denotes adult smoking status (any past-month smoking), with 1=yes and 0=no. The remaining variables are potential confounders which will be used in estimating the weights.

> data(NSDUH_female)

The first analytic step is to estimate propensity score weights for the exposure (i.e., total effect weights). These are the usual inverse propensity weights which account for baseline differences across exposure groups. Note that these weights must be ATE weights rather than ATT weights. While these weights can be estimated in any manner, we demonstrate estimating these weights with GBM using the twang ps function. The first argument specifies a formula relating the exposure, lgb_flag, to the covariates that are used to generate the total effect weights. The code below generates an object TEps that contains the total effect weights that will be passed to the wgtmed function.

> TEps <- ps(formula = lgb_flag ~ age + race + educ + income + employ,</pre>

- data=NSDUH_female, verbose=F, n.trees=6000, estimand="ATE", stop.method="ks.mean")

Next, we use the wgtmed function to obtain the mediation estimates of interest. The wgtmed function estimates the cross-world weights using GBM (although logistic regression may also be specified) and then estimates the total, natural direct, and natural indirect effects (using both the total effect weights and the cross-world weights). The wgtmed function returns a mediation object (here named cig_med). This estimation step is computationally intensive and can take a few minutes. We detail the required and optional arguments of this function below. Note that, while the default number of GBM trees is 10,000 in wgtmed, our sample code in this tutorial uses ps_n.trees=6000 to reduce computation time. In practice, when using a Windows machine, it

may be necessary to increase the memory limit for R's working session using the memory.limit() function (e.g., memory.limit(size = 32000)).

```
> cig_med <- wgtmed(formula.med = cig15 ~ age + race + educ + income + employ,
                  a_treatment="lgb_flag",
                  y_outcome="cigmon",
                  data=NSDUH_female,
+
                  method="ps",
+
                  total_effect_ps=TEps,
+
                  total_effect_stop_rule="ks.mean",
                  ps_version="gbm",
+
                  ps_n.trees=6000,
                  ps_interaction.depth=3,
+
                  ps_shrinkage=0.01,
                  ps_stop.method="ks.mean",
                  ps verbose=FALSE)
```

5.2 wgtmed: Required arguments

- formula.med Specifies a formula relating the mediator (e.g., cig15) to the covariates that are used to estimate the cross-world weights. Note that a model predicting the mediator based on the specified covariates is never explicitly estimated; this formula notation is merely a convenient way to distinguish which variables are the mediator(s) versus the covariates. In our example, we use the same set of covariates to estimate both the total effect and the cross-world weights. However, if conceptually appropriate, the user can specify different covariates for the cross-world weight models (in wgtmed) and total effect models (estimated prior to running wgtmed). However, all variables used in the total effect model should appear in the model for the cross-world weights (but variables used in the cross-world weight model might not appear in the model for the total effect weights).
- **a_treatment** Specifies the name of the treatment (exposure) variable (e.g., lgb_flag). The treatment variable must be defined as a 0/1 indicator. The variable name should be entered in quotes, as this argument expects a character string.
- **y_outcome** Specifies the name of the outcome variable (e.g., **cigmon**). The variable name should be entered in quotes, as this argument expects a character string.
- med_interact Specifies variables included in formula.med that equal interactions (or crossproducts) of mediators and the other covariates. This statement should not include interaction terms that comprise only covariates (and not the mediator). It should be NULL when there are no such interactions specified in formula.med. See the discussion of interactions later in the tutorial (Section 5.4) for further details on specifying interactions among variables in wgtmed.
- data Specifies the name of the dataset.
- method Specifies the method for estimating the cross-world weights. The default, method = "ps", estimates the weights with GBM using the ps function in twang. If method = "logistic", the weights are estimated using logistic regression, the approach originally proposed by Huber (2014). If method = "crossval", the weights are estimated with GBM, but using cross-validation (rather than stopping rules) to choose the number of GBM iterations. For method = "crossval", the number of cross-validation folds may be specified using the argument ps_cv.folds; the default is 10.

total_effect_ps; total_effect_weights The object that contains the total effect weights must be specified. If the twang ps function is used to estimate the total effect weights, the argument total_effect_ps is used to specify the ps object containing these weights; correspondingly, the total_effect_weights argument is left NULL. If total_effect_ps is specified, then the total_effect_stop_rule argument must also be included to specify which stopping rule (of those used in the ps call) should be used for the total effect_weights. Alternatively, the user may specify a vector of total effect_ps argument is left NULL. If total_effect_weights are provided, the user will get a warning that says "Reminder: Check that all confounders used to estimate supplied total effect weights are included as confounders in formula.med." We note that if the treatment condition was randomized, the vector of total effect weights may be set to 1 since the treatment groups would not be expected to differ with regard to covariates.

5.3 wgtmed: Optional arguments

- ps_stop.method This argument allows the user to specify one or more stopping rules used to select the optimal number of GBM iterations for estimating the cross-world weights. The stopping rules are all metrics that quantify balance (or equivalence) between treatment groups with respect to the covariates. The package includes four built-in ps_stop.method objects: es.mean, es.max, ks.mean, and ks.max. The default is c("ks.mean", "ks.max"). Please refer to the twang documentation for further details.
- ps_n.trees, ps_interaction.depth, ps_shrinkage These are parameters for the GBMs that wgtmed fits and stores when estimating the cross-world weights. The argument ps_n.trees specifies the maximum number of GBM iterations; the default is 10000. The ps_shrinkage argument controls the amount of shrinkage used for smoothing in the GBM algorithm. This argument must be a numeric value between 0 and 1 (denoting the learning rate); the default is 0.01. Small values such as 0.005 or 0.001 yield smooth fits but require greater values of ps_n.trees to achieve adequate fits. Computational time increases inversely with small values of the ps_shrinkage argument. wgtmed will issue a warning if the estimated optimal number of iterations is too close to the maximum number of GBM iterations, as this indicates that balance may improve if more complex models are considered – the user should increase ps_n.trees or increase ps_shrinkage if this warning appears. The argument ps_interaction.depth controls the level of interactions allowed in the GBMs; the default is 3.
- **ps_n.keep** A numeric variable indicating the algorithm should only consider 1 of every ps_n.keep iterations of the propensity score model and optimize balance over this set instead of all iterations. Default: 1.
- **ps_version** Specifies whether GBM is implemented using the R package **gbm** or the R package **xgboost**; the default is **gbm**.
- **ps_verbose** This argument controls the amount of information printed to the console and is set to FALSE by default.
- sampw Allows the user to specify sampling weights and is set to NULL by default.

There are several other more advanced arguments that are directly passed to the ps function including ps_perm.test.iters, ps_bag.fraction, ps_minobsinnode, ps_ks.exact, and ps_n.grid that are described in the main twang tutorial. All these arguments are optional and have specified defaults.

5.4 Interactions between the treatment and the mediator

In some applications, it may be appropriate to allow the relationship between the treatment and mediator to depend on the values of a covariate. In linear models, such heterogeneity would be captured by an interaction between the covariate and treatment variables in the mediator model. When weighting, these interactions would need to be included in the models for cross-world weights. In addition to treatment-covariate interactions, models might also include interactions between two or more covariates. A key advantage of the GBM model is that this algorithm automatically captures interactions without requiring the user to explicitly specify a priori. If GBM is used for estimating the weights – with either method=ps or method=crossval – then no interactions need to be explicitly specified. However, they can be, if the user wants to ensure they are included in the model. Furthermore, if method=logistic is used, then interactions must be specified explicitly to be included. Unfortunately, specifying interactions with wgtmed is complicated.

First, as discussed previously in Section 4, wgtmed calculates the cross-world weights by estimating the conditional probability of treatment given the covariates and mediator(s). This means, that although the concern is interactions between covariates and treatment, interactions must be specified as interactions between the mediator and covariates, not treatment and the covariates. Hence, if an analyst believes a covariate X modifies the relationship between the treatment and the mediator, then an interaction between X and the mediator should be included in formula.med.

The second complication to specifying interactions is that GBM does not accept interaction specified with a ":" as in "X:M". Hence, interactions must be specified by manually creating interaction variable(s) in the input dataset prior to implementing wgtmed. These cross-product variables would then be specified in formula.med on the right-hand side of the ~ symbol. On face value, including interaction terms that involve the mediator in the formula.med statement may seem confusing. However, recall that in the wgtmed function, the formula statements are not used in the "traditional" sense of specifying a regression statement, but rather simply to identify which variables in your dataset are mediators and which are covariates.

The final complication arises because calculation of the cross-world weights requires estimates of both the probability of treatment, conditional on the mediator and the covariates (p(A|M, X)), and the probability of treatment, conditional only on the covariates (p(A|X)), as described in Section 4. The probability of treatment, conditional only on the covariates, cannot include any of the cross-products between the mediator and covariates. However, wgtmed cannot distinguish interactions from other covariates among the list of variables provided in the formula.med statement. In particular, it cannot distinguish cross-products that include the mediator; this is a problem because these cross-products must be in the model for treatment, given the covariates. To solve this problem, users must specify using med_interact any variables that equal cross-products involving one or more mediators. For example, suppose we hypothesize that age modifies the relationship between treatment and the mediator cig15 in the smoking case study. We then need to create a cross-product between cig15 and age, agecig15 = age * cig15 and "agecig15" must be included on the right-hand side of ~ in formula.med as follows:

formula.med = cig15 \sim age + race + educ + income + employ + agecig15

and "agecig15" must be specified in med_interact as a string,

```
med_interact = 'agecig15'
```

We may also think that there may be an interaction of interest between race and education. Because this interaction does not include the mediator, we do not need to specify it in med_interact. We do need to first create it as the cross-product between race and educ, raceeduc = race * educ, and add it to the right-hand side of \sim in formula.med

formula.med = cig15 \sim age + race + educ + income + employ + agecig15 + raceeduc.

All these complications can be avoided by using GBM and allowing it to identify interactions to include in the model, although GBM might not include those being considered by the analyst.

6 Assessing balance diagnostics

6.1 Overview of balance in causal mediation context

Causal mediation analysis involves the comparison of groups with observed differences in their treatment (exposure) and mediator status. The key assumptions of causal mediation analysis is that conditional on observed covariates, those comparisons are unconfounded. As we detail below, analysts should assess whether the estimated causal total effect or cross-world weights achieve adequate balance across treatment groups with respect to both the covariates and the mediator.

Checking the Covariate Distributions For the causal mediation weighting approach described in this tutorial, estimated weights must result in weighted distributions of the observed covariates that are balanced across treatment groups for each of the estimators $(TE, NIE_1, NDE_0, NIE_1, and NDE_0)$. For example, NIE_1 is estimated by $\sum w_{i,11}Y_i / \sum w_{i,11} - \sum w_{i,10}Y_i / \sum w_{i,10}$ where summation is over the treatment group (A = 1). Hence, to avoid confounding the estimate of NIE_1 the distributions of the covariates for the treatment group weighted by w_{10} . Similar checks of covariate balance should be run for each of the other estimands.

Checking the Mediator Counterfactual Distributions In addition to covariate balance, one must also consider whether estimated weights have achieved adequate balance with regard to the mediator. Recall that NIE_1 is defined as $E(Y_{(1,M_1)} - Y_{(1,M_0)})$. Weighting is supposed to weight the distribution of mediator M_1 values among the exposure group sample to match the distribution of the values of M_0 for the entire population to create the counterfactual distribution of $Y_{(1,M_0)}$. The distribution of mediator values for the comparison group sample, weighted by the total effect weights, estimates the distribution of M_0 for the total population. Hence, if the estimated cross-world weights, w_{10} are well-estimated then the distribution of the mediator in the exposure group weighted by the w_{10} weights should match the distribution of the mediator in the control group weighted by the total effect weights w_{00} . Likewise, estimating $E(Y_{(0,M_1)})$, NIE₀, and NDE_1 requires the counterfactual distribution of $Y_{(0,M_1)}$. It is estimated by weighting the mediator distribution in the control group to match the distribution of M_1 in the population. The distribution of M_1 in the population is estimated by the distribution of the mediator in the exposure group weighted by the total effect weight. Hence, if the estimated cross-world weights, w_{01} are well-estimated then the distribution of the mediator in the control group weighted by the w_{01} weights should match the distribution of the mediator in the exposure group weighted by the total effect weight w_{11} .

6.2 Balance tables using the bal.table.mediation function

The analyst should perform balance diagnostic checks before interpreting the estimated mediation effects. The twangMediation function bal.table.mediation supports these balance checks. After estimating weights using wgtmed, one can use the bal.table.mediation function on the returned mediation object to obtain six balance tables (for each stopping rule): one unweighted balance table and one weighted balance table for the TE estimand (denoted unw and ps, respectively), and four weighted balance tables respectively corresponding to NIE_1 , NDE_0 , NIE_0 , and NDE_1 . The two tables labeled TE present covariate balance between treatment groups both in the unweighted data and using the total effect weights (w_{00} , w_{11}). The following four tables are similar to the total effect table, but check covariate balance using the weights for estimating NIE_1 , NDE_0 , NIE_0 , and NDE_1 , respectively. Weighted summaries are presented for each stopping rule selected in separate tables and labeled (e.g., ks.mean). These balance tables have the same format as covariate balance tables provided when using the ps command in twang.¹

The bal.table.mediation function returns balance tables for TE, NIE_1 , NDE_0 , NIE_0 , and NDE_1 comprised of the following columns:

- tx.mn, ct.mn The mean for each covariate in the treatment (exposure) group, tx.mn, and control (comparison) group, ct.mn.
- tx.sd, ct.sd The standard deviation for each covariate in the treatment group, tx.sd, and control group, ct.sd.
- std.eff.sz The standardized mean difference is defined as the treatment group mean minus the control group mean divided by the control group standard deviation for the decomposition in Equation 4 and the treatment group standard deviation for the decomposition in Equation 5. If the standard deviation is very small, the resulting standardized mean difference will be very large; for readability, we set all standardized mean differences larger than 500 to NA (missing values).
- stat, p Depending on whether the covariate is continuous or categorical, stat is a t-statistic or a χ^2 statistic corresponding to a statistical test of means across treatment groups. p is the associated p-value.
- ks The Kolmogorov-Smirnov test statistic (testing for differences in the covariate distribution across treatment groups).

The function bal.table.mediation also provides checks of the weighted mediator distributions with a comparison of the weighted means and a KS statistic comparing the weighted distribution functions. These comparisons are in the last two tables produced by the function labeled "Mediator distribution check: check_counterfactual_nie_1" for checking the weights used to estimate $E(Y_{(1,M_0)})$, NIE_1 , and NDE_0 , and "Mediator distribution check: check_counterfactual_nie_0" for checking the weights used to estimate $E(Y_{(0,M_1)})$, NIE_1 .

The Mediator Distribution Check tables are comprised of the following columns:

¹When sampling weights are specified, i.e., **sampw** is not NULL, then the statistics for the "unweighted" tables are calculated using the sampling weights and the statistics for "weighted" tables use a composite of the sampling weights and either the total effect weights or the cross-world weights depending on the balance being evaluated. Also, when sampling weights are specified, they are used in the calculation of the cross-world weights and composites of the sampling weights and the total effect or cross-world weights are used to estimate the total, direct, and indirect effects.

- **cntfact.mn** Mean of the mediator under the counterfactual condition. For NIE_1 , this is the estimate of the (counterfactual) mean of the mediator under the comparison (control) condition, $E(M_0)$, estimated from the exposure (treatment) group the cross-world-weighted mean for the exposure (treatment) group. For NIE_0 , this is the estimate of the (counterfactual) mean of the mediator under the exposure (treatment) condition, $E(M_1)$, estimated from the comparison (control) group the cross-world-weighted mean for the comparison group.
- **target.mn** Mean of the mediator under the observed condition. For NIE_1 , this is the mean of the mediator under the treatment condition estimated from the treatment group – the total effects weighted mean for the treatment group. For NIE_0 , this is the mean of the mediator under the control condition estimated from the control group – the total effects weighted mean for the control group.
- cntfact.sd, target.sd The weighted estimates of the standard deviations of the mediator distributions under the counterfactual and target (i.e., observed) groups.
- std.eff.sz Standardized mean difference, which is now calculated between the counterfactual and target (i.e., observed) groups.
- stat, p, ks Similarly, stat and ks now refer to statistical tests across counterfactual and target (i.e., observed) groups.

In addition to the tabular results from the bal.table.mediation function, twangMediation provides two balance diagnostic graphs:

- Covariate Standardized Effect Size Plot: To request this plot, add the argument plot
 = "TRUE" to bal.table.mediation(). This figure shows standardized effect sizes for each
 covariate using weights for each of the TE, NIE₁, NDE₀, NIE₀, and NDE₁ estimands
 (as reported in the balance tables) to allow users to visually assess covariate balance after
 weighting.
- 2. Mediator Density Plot: To request this plot, use the plot function applied to the mediation object from wgtmed. This figure provides a visual check on the match of the weighted mediator distributions for both NIE_1 and NIE_0 (as reported in the balance tables). If the mediator is binary, then the plot is a bar chart; if the mediator is continuous, the plot is a density curve. The plot is interactive: users must hit the return key to advance from the NIE_1 plot to the NIE_0 plot. The analyst should review the plot(s) corresponding to the NIE estimate(s) of interest.

Balance diagnostics from our case study The balance table results for our applied example are shown below. We first examine the balance tables for total effects (TE). Prior to weighting, our two exposure groups (LGB women and heterosexual women) differed significantly with respect to all covariates (e.g., LGB women were younger and had lower household incomes than heterosexual women). After weighting, for all covariates, the absolute value of the std.eff.sz – known as absolute standardized mean difference (ASMD) – were well below 0.10. Next, since the NIE_1 and NDE_0 are the mediating effects of interest in our example, we examine the balance table for NIE_1 , and NDE_0 . Again, we see that weighting reduced the differences of all the covariates across exposure groups – all ASMDs were well below 0.10 after weighting.

Next, we examine the Standardized Effect Size plot. For our example, as shown in the the total effects plot (labeled TE), the standardized effect sizes for the covariates ranged from -0.31 to 0.49 prior to weighting, indicating significant differences between exposure groups. After

weighting, the standardized effect sizes are all near 0. In the plots for the natural indirect and direct effects both decompositions, labeled NIE1, NDE0, NIE0, NDE1, the standardized effect sizes are also close to 0 for all covariates, indicating the weights removed any imbalances in the observed covariates for these estimands.

> bal.table.mediation(cig_med, plot = "TRUE")

```
Note: Balance for Covariates for Total Effects --
"tx" treatment group weighted by w11 weights,
"ct" control group weighted by w00 weights
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\$TE

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tr.mm tr.mm tr.mm t.sd tr.mm	\$unw								
age:2 0.239 0.427 0.229 0.420 0.026 NA NA 0.011 age:3 0.170 0.376 0.312 0.463 -0.311 NA NA 0.0112 age:4 0.035 0.185 0.140 0.347 -0.0313 NA NA 0.105 race:1 0.568 0.495 0.588 0.492 -0.042 5.673 0.001 0.021 race:4 0.112 0.326 0.138 0.344 -0.020 NA NA 0.013 educ:1 0.121 0.326 0.106 0.308 0.048 81.281 0.000 0.013 educ:4 0.199 0.337 0.461 -0.237 NA NA 0.003 educ:4 0.199 0.339 0.363 0.481 0.042 NA NA 0.029 income:1 0.295 0.456 0.201 0.401 0.230 116.866 0.000 0.091 <thincome:1< th=""> 0.497</thincome:1<>		tx.mn	tx.sd	ct.mn	ct.sd	std.eff.sz	stat	р	ks
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income:4 0.329 0.470 0.331 0.471 -0.005 NA NA 0.002 employ:1 0.504 0.500 0.501 0.500 -0.007 0.056 0.991 0.004 employ:2 0.194 0.395 0.195 0.396 -0.003 NA NA 0.001 employ:3 0.055 0.229 0.055 0.228 0.001 NA NA 0.000 employ:4 0.210 0.407 0.213 0.409 -0.007 NA NA 0.003 employ:5 0.037 0.189 0.037 0.189 0.000 NA NA 0.000									
employ:1 0.504 0.500 0.501 0.500 0.007 0.056 0.991 0.004 employ:2 0.194 0.395 0.195 0.396 -0.003 NA NA 0.001 employ:3 0.055 0.229 0.055 0.228 0.001 NA NA 0.000 employ:4 0.210 0.407 0.213 0.409 -0.007 NA NA 0.003 employ:5 0.037 0.189 0.000 NA NA 0.003									
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employ:3 0.055 0.229 0.055 0.228 0.001 NA NA 0.000 employ:4 0.210 0.407 0.213 0.409 -0.007 NA NA 0.003 employ:5 0.037 0.189 0.000 NA NA 0.000	1 0								
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employ:5 0.037 0.189 0.037 0.189 0.000 NA NA 0.000	1 0								
	1 0								
	emproy:5	0.037	0.189	0.037	0.189	0.000	INA		

Note: Balance for Covariates for NIE1 --

"tx" treatment group weighted by w11 weights,

\$NIE1

\$ks.mean

	tx.mn	tx.sd	ct.mn	ct.sd	<pre>std.eff.sz</pre>	stat	р	ks
age:1	0.349	0.477	0.349	0.477	0.000	0.005	0.997	0.000
age:2	0.230	0.421	0.231	0.421	-0.001	NA	NA	0.001
age:3	0.296	0.456	0.295	0.456	0.004	NA	NA	0.001
age:4	0.124	0.330	0.125	0.331	-0.005	NA	NA	0.001
race:1	0.590	0.492	0.588	0.492	0.005	0.015	0.997	0.002
race:2	0.134	0.341	0.134	0.341	0.001	NA	NA	0.000
race:3	0.176	0.381	0.178	0.382	-0.004	NA	NA	0.001
race:4	0.099	0.299	0.100	0.300	-0.004	NA	NA	0.001
educ:1	0.104	0.305	0.102	0.303	0.004	0.034	0.991	0.001
educ:2	0.231	0.421	0.229	0.420	0.005	NA	NA	0.002
educ:3	0.367	0.482	0.368	0.482	-0.002	NA	NA	0.001
educ:4	0.298	0.457	0.301	0.459	-0.008	NA	NA	0.003
income:1	0.212	0.409	0.213	0.409	-0.001	0.007	0.999	0.000
income:2	0.310	0.463	0.310	0.463	0.000	NA	NA	0.000
income:3	0.149	0.356	0.150	0.357	-0.003	NA	NA	0.001
income:4	0.329	0.470	0.327	0.469	0.003	NA	NA	0.001
employ:1	0.504	0.500	0.506	0.500	-0.003	0.029	0.997	0.002
employ:2	0.194	0.395	0.191	0.393	0.007	NA	NA	0.003
employ:3	0.055	0.229	0.055	0.228	0.001	NA	NA	0.000
employ:4	0.210	0.407	0.211	0.408	-0.004	NA	NA	0.002
employ:5	0.037	0.189	0.037	0.189	-0.001	NA	NA	0.000

Note: Balance for Covariates for NDEO --

"tx" treatment group weighted by w10 weights,

"ct" control group weighted by w00 weights

\$NDEO

\$ks.mean

	tx.mn	tx.sd	ct.mn	ct.sd	<pre>std.eff.sz</pre>	stat	р	ks
age:1	0.349	0.477	0.343	0.475	0.013	0.177	0.868	0.006
age:2	0.231	0.421	0.230	0.421	0.003	NA	NA	0.001
age:3	0.295	0.456	0.298	0.457	-0.007	NA	NA	0.003
age:4	0.125	0.331	0.130	0.336	-0.013	NA	NA	0.004
race:1	0.588	0.492	0.586	0.492	0.003	0.018	0.997	0.001
race:2	0.134	0.341	0.135	0.342	-0.003	NA	NA	0.001
race:3	0.178	0.382	0.179	0.383	-0.003	NA	NA	0.001
race:4	0.100	0.300	0.100	0.300	0.002	NA	NA	0.001
educ:1	0.102	0.303	0.108	0.310	-0.018	0.357	0.782	0.006
educ:2	0.229	0.420	0.232	0.422	-0.007	NA	NA	0.003
educ:3	0.368	0.482	0.365	0.481	0.007	NA	NA	0.004
educ:4	0.301	0.459	0.296	0.456	0.011	NA	NA	0.005
income:1	0.213	0.409	0.211	0.408	0.005	0.086	0.964	0.002
income:2	0.310	0.463	0.307	0.461	0.007	NA	NA	0.003
income:3	0.150	0.357	0.151	0.358	-0.004	NA	NA	0.001
income:4	0.327	0.469	0.331	0.471	-0.008	NA	NA	0.004
employ:1	0.506	0.500	0.501	0.500	0.011	0.110	0.972	0.005
					-0.010			0.004
					-0.001		NA	0.000
1 0					-0.003		NA	0.001
					0.001			0.000

Note: Balance for Covariates for NIEO --

"tx" control group weighted by w01 weights,

"ct" control group weighted by w00 weights

\$ks.mean	
tx.mn tx.sd ct.mn ct.sd std.eff.sz stat p ks	
age:1 0.341 0.474 0.343 0.475 -0.005 1.371 0.250 0.003	
age:2 0.229 0.420 0.230 0.421 -0.002 NA NA 0.001	
age:3 0.296 0.456 0.298 0.457 -0.004 NA NA 0.002	
age:4 0.135 0.341 0.130 0.336 0.015 NA NA 0.005	
race:1 0.586 0.492 0.586 0.492 0.000 0.259 0.855 0.000	
race:2 0.137 0.344 0.135 0.342 0.006 NA NA 0.002	
race:3 0.177 0.382 0.179 0.383 -0.005 NA NA 0.002	
race:4 0.099 0.299 0.100 0.300 -0.001 NA NA 0.000	
educ:1 0.109 0.311 0.108 0.310 0.004 0.411 0.745 0.001	
educ:2 0.235 0.424 0.232 0.422 0.007 NA NA 0.003	
educ:3 0.363 0.481 0.365 0.481 -0.004 NA NA 0.002	
income:1 0.212 0.409 0.211 0.408 0.002 0.099 0.961 0.001	
income:2 0.305 0.461 0.307 0.461 -0.003 NA NA 0.001	
income: 3 0.151 0.358 0.151 0.358 -0.002 NA NA 0.001	
income:4 0.332 0.471 0.331 0.471 0.002 NA NA 0.001	
employ:1 0.499 0.500 0.501 0.500 -0.004 0.270 0.898 0.002	
employ:2 0.198 0.398 0.195 0.396 0.008 NA NA 0.003	
employ:3 0.055 0.228 0.055 0.228 0.000 NA NA 0.000	
employ: 5 0.225 0.225 0.255 0.225 0.000 NA NA 0.000 employ: 4 0.212 0.408 0.213 0.409 -0.003 NA NA 0.001	
employ:5 0.037 0.188 0.037 0.189 -0.001 NA NA 0.000	
Note: Balance for Covariates for NDE1	
"tx" treatment group weighted by w11 weights,	
"ct" control group weighted by w01 weights	
\$NDE1	
\$ks.mean	
tx.mn tx.sd ct.mn ct.sd std.eff.sz stat p ks	
age:1 0.349 0.477 0.341 0.474 0.018 0.655 0.538 0.009	
age:2 0.230 0.421 0.229 0.420 0.004 NA NA 0.002	
age:3 0.296 0.456 0.296 0.456 0.000 NA NA 0.000	
age:4 0.124 0.330 0.135 0.341 -0.031 NA NA 0.010	
race:1 0.590 0.492 0.586 0.492 0.008 0.068 0.977 0.004	
race:2 0.134 0.341 0.137 0.344 -0.008 NA NA 0.003	
race:3 0.176 0.381 0.177 0.382 -0.002 NA NA 0.001	
race:4 0.099 0.299 0.099 0.299 -0.001 NA NA 0.000	
educ:1 0.104 0.305 0.109 0.311 -0.017 0.349 0.788 0.005	
educ:2 0.231 0.421 0.235 0.424 -0.008 NA NA 0.004	
educ:3 0.367 0.482 0.363 0.481 0.010 NA NA 0.005	
educ:4 0.298 0.457 0.294 0.456 0.009 NA NA 0.004	
income:1 0.212 0.409 0.212 0.409 0.001 0.106 0.953 0.000	
income:2 0.310 0.463 0.305 0.461 0.010 NA NA 0.005	
income:4 0.329 0.470 0.332 0.471 -0.007 NA NA 0.003	
employ:1 0.504 0.500 0.499 0.500 0.011 0.129 0.964 0.006	
employ:2 0.194 0.395 0.198 0.398 -0.011 NA NA 0.004	
employ:3 0.055 0.229 0.055 0.228 0.001 NA NA 0.000	
employ:4 0.210 0.407 0.212 0.408 -0.005 NA NA 0.002	
employ:5 0.037 0.189 0.037 0.188 0.001 NA NA 0.000	
Mediator Distribution Check: check_counterfactual_nie_1	
cntfact.mn cntfact.sd target.mn target.sd std.eff.sz stat p ks	
unw 0.269 0.444 0.167 0.373 0.267 14.234 0.000 0.102	
ks.mean 0.168 0.374 0.166 0.372 0.006 0.333 0.739 0.002	
ks.mean 0.168 0.374 0.166 0.372 0.006 0.333 0.739 0.002	

	cntfact.mn	cntfact.sd	target.mn	target.sd	<pre>std.eff.sz</pre>	stat	р	
unw	0.167	0.373	0.269	0.444	-0.267	-14.234	0.000	
ks.mean	0.274	0.446	0.279	0.449	-0.014	-0.555	0.579	
	ks							
unw	0.102							
ks.mean	0.005							



Standardized Effect Size



NIE1: Distribution of Mediator for Treatment Sample Weighted to Match Distribution of Mediator under Control for the Population

Finally, we examine the Mediator Density plot. As shown in the plot above, we see that weighted distributions for the population and the counterfactual distributions are well-matched in the context of NIE_1 , indicating good performance for the weights. Based on these favorable diagnostic checks, we will proceed to our final effect estimates.

Obtaining the estimated weights Note that if the user wishes to obtain the estimated weights from wgtmed to construct their own plots or tables, they can be obtained as follows:

```
> w_00 < attr(cig_med, 'w_00') #weight for estimating E[Y(0, M(0))]
> w_11 < attr(cig_med, 'w_11') #weight for estimating E[Y(1, M(1))]
> w_10 < attr(cig_med, 'w_10') #weight for estimating E[Y(1, M(0))]
> w_01 < attr(cig_med, 'w_01') #weight for estimating E[Y(0, M(1))]
```

7 Interpreting the effects: The summary() function

The summary() function applied to the mediation object from wgtmed provides a summary of all the important output including the effect estimates, covariate balance, effective sample size (ESS), and distribution checks for the mediator.

The ESS is reported because weighted means can have greater sampling variance than unweighted means from a sample of equal size. For example, the total effect and natural direct and indirect effects estimates equal differences of pairs of estimates of the four population means $E(Y_{(0,M_0)})$, $E(Y_{(1,M_1)})$, $E(Y_{(1,M_0)})$, and $E(Y_{(0,M_1)})$. Each population mean is estimated as a weighted mean. The means $E(Y_{(0,M_0)})$ and $E(Y_{(1,M_1)})$ use the appropriate total effect weights and the means $E(Y_{(1,M_0)})$ and $E(Y_{(0,M_1)})$ use the corresponding cross-world weights. The variability of the weights will reduce the precision of the mean estimates and, subsequently, the estimated total, direct, and indirect effects. Large variability of the weights can also signal outliers where a small number of observations have very large weight relative to the average. The ESS is approximately the number of observations from a simple random sample that yields an estimate with sampling variation equal to the sampling variation obtained with the weighted comparison observations. It is an intuitive way to present the variability in the weights. Small values relative to the actual sample size indicate large variability in the weights, potential outliers, and possible low precision in the estimated mean and effect, which signals the need to review data for potential problems. For each of the means,

$$ESS = \frac{\left(\sum_{i \in C} w_i\right)^2}{\sum_{i \in C} w_i^2} \tag{11}$$

where C is the set of indices for participants in the group used to estimate the mean, the exposure group for $E(Y_{(1,M_1)})$ and $E(Y_{(1,M_0)})$ or the comparison group for $E(Y_{(0,M_0)})$ and $E(Y_{(0,M_1)})$.²

The ESS for the four population means are presented in the second table in the output of the summary function. The output also includes the ESS for the odds weights and IPW weights used in calculating the cross-world weights. These ESSs are provided to help analysts diagnose the variability in the odds weight and IPW components of the cross-world weights.

```
> summary(cig_med)
```

95% Co	95% Confidence Intervals for Effect Estimates: ks.mean_effects									
	effect	std.err	ci.min	ci.max						
TE	0.123	0.009	0.106	0.141						
NDE_O	0.098	0.009	0.080	0.115						
NIE_1	0.026	0.003	0.020	0.032						
NDE_1	0.094	0.009	0.076	0.112						
NIE_O	0.029	0.001	0.027	0.031						

 $^{^{2}}$ The ESS is an accurate measure of the relative size of the variance of means when the weights are fixed or they are uncorrelated with outcomes. Otherwise the ESS is an underestimate (Little & Vartivarian, 2004). With propensity score weights, it is rare that weights are uncorrelated with outcomes. Hence, the ESS typically gives a lower bound, but it still serves as a useful measure for describing the variability of the weights and assessing the overall quality of a model, even if it provides a possibly conservative picture of the loss in precision due to weighting.

ESS for Total Effect and Cross-World Weights for estimating four population means used to estimate the total effect and the natural direct and indirect effects E[Y(0, M(0))] E[Y(1, M(1))] E[Y(1, M(0))] E[Y(0, M(1))]Sample Size36163.004130.0004130.00036163.00ks.mean35981.462619.5182519.79332110.12 32110.12 _____ _____ -----_____ Balance Summary Tables: TE Note: Balance for Covariates for Total Effects --"treat" treatment group weighted by w11 weights, "ctrl" control group weighted by w00 weights n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks unw 4130 36163 4130.000 36163.00 0.497 0.143 0.236 0.059 ps 4130 36163 2619.518 35981.46 0.016 0.006 0.006 0.002 _____ Balance Summary Tables: NIE1 Note: Balance for Covariates for NIE1 --"treat" treatment group weighted by w11 weights, "ctrl" treatment group weighted by w10 weights _____ n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks ks.mean 4130 4130 2619.518 2519.793 0.008 0.003 0.003 0.001 _____ Balance Summary Tables: NDEO Note: Balance for Covariates for NDEO --"treat" treatment group weighted by w10 weights, "ctrl" control group weighted by w00 weights n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks ks.mean 4130 36163 2519.793 35981.46 0.018 0.007 0.006 0.003 ------_____ Balance Summary Tables: NIE0 Note: Balance for Covariates for NIEO --"treat" control group weighted by w01 weights, "ctrl" control group weighted by w00 weights ----n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks ks.mean 36163 36163 32110.12 35981.46 0.015 0.004 0.005 0.002 _____ Balance Summary Tables: NDE1 Note: Balance for Covariates for NDE1 --"treat" treatment group weighted by w11 weights, "ctrl" control group weighted by w01 weights n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks ks.mean 4130 36163 2619.518 32110.12 0.031 0.008 0.01 0.003

The first table reports the total effect (TE), as well as the natural indirect and direct effects for both decompositions, NDE_0 , NIE_1 and NDE_1 , NIE_0 , and their corresponding 95% confidence intervals. An *NIE* confidence interval that does not contain 0 indicates a statistically significant mediation effect at the 0.05 level. The next several tables are **Balance Summary Tables**, which offer a compact summary of sample sizes and balance measures for NIE_1 , NDE_0 , NIE_0 , and NDE_1 . The **Balance Summary Tables** are comprised of the following columns:

n.treat, n.ctrl The observed sample size in the exposure and comparison groups, respectively.

ess.treat, ess.ctrl The ESS after weighting for the exposure and comparison groups, respectively.

max.es, mean.es, max.ks, mean.ks Reports the maximum standardized mean difference, the mean standardized mean difference, the maximum KS statistic, and the mean KS statistic across all of the covariates, respectively. The last column, iter, gives the iteration number for each of the stop methods. This is not applicable to the unweighted model and thus, is given a value of NA.

We will now interpret the TE as well as the the decomposition of interest, NDE_0 and NIE_1 , in the table labeled 95% Confidence Intervals for Effect Estimates for our case study. Estimates from wgtmed are reported as marginal risk differences. The TE represents the total effect of LGB sexual identity on adult smoking status among women. The TE estimate of 0.123 represents a difference in magnitude of 12.3% in adult smoking rates between LGB and heterosexual women; statistical significance indicates that LGB women are significantly more likely than heterosexual women to be current smokers. The NIE_1 is the natural indirect effect of early smoking initiation on adult smoking, holding LGB sexual identity (A = 1) constant. The NIE_1 estimate (0.026) is positive and statistically significant, indicating that early smoking initiation represents a significant pathway regarding adult smoking status (with early initiation accounting for approximately a 2.6% increase in magnitude in adult smoking rates). Examining the ratio of the NIE_1 to the TE (0.026/0.123) indicates that approximately 21% of the total effect is through the mediator of early smoking initiation. The NDE_0 is the natural direct effect of LGB status on smoking, holding early smoking initiation status constant to what it would be if a woman was heterosexual, A = 0. The NDE_0 is positive and statistically significant, indicating that LGB status is associated with smoking in adulthood, through mechanisms independent of early smoking initiation.

8 Estimating joint mediation effect of multiple mediators

Finally, we highlight that the wgtmed package can accept multiple mediators. When multiple mediators are included, the *NIE* and *NDE* estimands are calculated to reflect mediation jointly through all mediators (VanderWeele & Vansteelandt, 2014), rather than separate path-specific mediation effects (e.g., Daniel et al., 2015). The example below is an extension of our prior LGB disparities analysis. Now, our outcome is an indicator for whether an individual meets criteria for either alcohol or nicotine dependence alc_cig_depend and we consider 2 mediators; early smoking initiation cig15 and early alcohol initiation alc15. To specify multiple mediators, include them on the left-hand side of the formula.med separated by "+". We note that we also included the argument n.keep = 5 in both the ps function and the wgtmed function to reduce memory use.

```
> summary(cig_alc_med)
```

^{95%} Confidence Intervals for Effect Estimates: ks.mean_effects

effect std.err ci.min ci.max ΤE 0.084 0.008 0.068 0.099 NDE_0 0.059 0.008 0.044 0.074 NIE_1 0.025 0.003 0.018 0.032 0.008 0.041 0.072 NDE 1 0.056 NIE_0 0.027 0.001 0.025 0.030 ESS for Total Effect and Cross-World Weights for estimating four population means used to estimate the total effect and the natural direct and indirect effects E[Y(0, M(0))] E[Y(1, M(1))] E[Y(1, M(0))] E[Y(0, M(1))] Sample Size 36163.00 4130.000 4130.00 36163.00 2619.652 ks.mean 35981.47 2396.31 29702.21 _____ Balance Summary Tables: TE Note: Balance for Covariates for Total Effects --"treat" treatment group weighted by w11 weights, "ctrl" control group weighted by w00 weights _____ n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks unw 4130 36163 4130.000 36163.00 0.497 0.143 0.236 0.059 4130 36163 2619.652 35981.47 0.016 0.006 0.006 0.002 ps Balance Summary Tables: NIE1 Note: Balance for Covariates for NIE1 --"treat" treatment group weighted by w11 weights, "ctrl" treatment group weighted by w10 weights _____ n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks ks.mean 4130 4130 2619.652 2396.31 0.011 0.005 0.004 0.002 _____ ____ _____ _____ Balance Summary Tables: NDE0 Note: Balance for Covariates for NDEO --"treat" treatment group weighted by w10 weights, "ctrl" control group weighted by w00 weights n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks ks.mean 4130 36163 2396.31 35981.47 0.021 0.007 0.007 0.003 Balance Summary Tables: NIEO Note: Balance for Covariates for NIEO --"treat" control group weighted by w01 weights, "ctrl" control group weighted by w00 weights n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks ks.mean 36163 36163 29702.21 35981.47 0.023 0.006 0.008 0.002 Balance Summary Tables: NDE1 Note: Balance for Covariates for NDE1 --"treat" treatment group weighted by w11 weights, "ctrl" control group weighted by w01 weights n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks 4130 36163 2619.652 29702.21 0.039 0.01 0.013 0.004 ks.mean

As shown in the table above, the TE estimate of 0.084 represents a difference in magnitude of 8.4% in the rates of alcohol or nicotine dependence between LGB and heterosexual women, indicating a significant disparity. The NIE_1 estimate (0.025) is significant, indicating that early initiation of alcohol and smoking jointly represent a significant mediating pathway to adult dependence status among LGB women, with early initiation accounting for approximately a 2.5% increase in magnitude in adult dependence rates. Examining the ratio of NIE to TE, we conclude that early initiation accounts for approximately 30% of the adult disparity in alcohol or nicotine dependence. Additionally, the NDE_0 estimate is significant, indicating that LGB identity also has a significant effect on adult alcohol or nicotine dependence that is not attributed to early initiation of alcohol or smoking.

9 Inclusion of sampling weights

We highlight that the wgtmed package can accept sampling weights (e.g., survey weights). In the context of mediation analysis, sampling weights should be used in both the estimation of the total effect weights (i.e., the exposure propensity score model estimated prior to calling the wgtmed function) and the estimation of cross-world weights from wgtmed. The code below demonstrates this approach. Both the ps and wgtmed functions accept sampling weights using the sampw option. In our case study data, NSDUH survey weights are denoted by the variable NSDUHwt. We use the summary function to obtain a compact summary of the effect estimates and their 95% confidence intervals as well as a summary of the balance tables.

```
>
    rm(TEps, cig_med)
    TEps_wt <- ps(lgb_flag ~ age + race + educ + income + employ,
>
               data=NSDUH_female, verbose=F, n.trees=5000, n.keep = 5,
+
               estimand = "ATE",
+
               sampw = NSDUH_female$NSDUHwt)
+
    cig_med_wt <- wgtmed(formula.med=cig15 ~ age + race + educ + income + employ,</pre>
>
                   a_treatment="lgb_flag",
                   y_outcome="cigmon",
                   data=NSDUH_female,
                   method="ps",
+
                   total_effect_ps=TEps_wt,
                   total_effect_stop_rule="ks.mean",
                   ps_version="gbm",
                   ps_n.trees=5000,
                   ps_n.keep=5,
                   ps_stop.method="ks.mean",
                   sampw=NSDUH_female$NSDUHwt)
> summary(cig_med_wt)
95% Confidence Intervals for Effect Estimates: ks.mean effects
      effect std.err ci.min ci.max
TE 0.085 0.027 0.031 0.138
NDE_0 0.065 0.026 0.014 0.115
NIE_1 0.020 0.007 0.007 0.034
NDE_1 0.066 0.028 0.012 0.120
NIE_0 0.019 0.002 0.014 0.024
ESS for Total Effect and Cross-World Weights for estimating four population means used
to estimate the total effect and the natural direct and indirect effects
Note. Results for "ks.mean" reflects weighting by both
the sampling weights and total-effect/cross-world weights.
           E[Y(0, M(0))] E[Y(1, M(1))] E[Y(1, M(0))] E[Y(0, M(1))]
Sample Size 36163.000 4130.000 4130.00 36163.000
ks.mean
                4616.527
                              221.097
                                              197.47
                                                         4319.256
                      _____
Balance Summary Tables: TE
Note: Balance for Covariates for Total Effects --
 "treat" treatment group weighted by w11 weights,
 "ctrl" control group weighted by w00 weights
```

"unw" reflects weighting with sampling weights only "ps" reflects weighting by both the sampling weights and total-effect weights _____ n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks 4130 36163 1992.182 17012.457 0.651 0.146 0.219 0.058 unw ps 4130 36163 221.097 4616.527 0.172 0.049 0.060 0.019 _____ _____ Balance Summary Tables: NIE1 Note: Balance for Covariates for NIE1 --"treat" treatment group weighted by w11 weights, "ctrl" treatment group weighted by w10 weights Results reflect weighting by both the sampling weights and total-effect/cross-world weights _____ n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks ks.mean 4130 4130 221.097 197.47 0.093 0.022 0.025 0.008 Balance Summary Tables: NDEO Note: Balance for Covariates for NDEO --"treat" treatment group weighted by w10 weights, "ctrl" control group weighted by w00 weights Results reflect weighting by both the sampling weights and total-effect/cross-world weights _____ _____ n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks ks.mean 4130 36163 197.47 4616.527 0.173 0.047 0.06 0.018 _____ Balance Summary Tables: NIEO Note: Balance for Covariates for NIEO --"treat" control group weighted by w01 weights, "ctrl" control group weighted by w00 weights Results reflect weighting by both the sampling weights and total-effect/cross-world weights n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks ks.mean 36163 36163 4319.256 4616.527 0.031 0.009 0.011 0.004 _____ Balance Summary Tables: NDE1 Note: Balance for Covariates for NDE1 --"treat" treatment group weighted by w11 weights, "ctrl" control group weighted by w01 weights Results reflect weighting by both the sampling weights and total-effect/cross-world weights -----n.treat n.ctrl ess.treat ess.ctrl max.es mean.es max.ks mean.ks ks.mean 4130 36163 221.097 4319.256 0.204 0.055 0.069 0.022

We note that if the user requests the estimated weights from wgtmed function after running it with sampling weights (e.g., attr(cig_med_wt, 'w_01')), the weights that are outputted will be the "raw" total effect and cross-world weights. The user would need to manually multiply these weights by the sampling weights in order to obtain the composite weights that are used in the wgtmed estimation. All downstream functions (e.g., summary, desc.effects, bal.table.mediation) do this multiplication of the raw weights and sampling weights and use these composite weights in their outputted results.

10 About this Tutorial

This tutorial was supported by funding from grant 1R01DA034065 from the National Institute on Drug Abuse. The overarching goal of the grant is to develop statistical methods and tools that will provide addiction health services researchers and others with the tools and training they need to study the effectiveness of treatments using observational data. The work is an extension of the Toolkit for Weighting and Analysis of Nonequivalent Groups, or TWANG, which contains a set of functions to support causal modeling of observational data through the estimation and evaluation of propensity score weights. The TWANG package was first developed in 2004 by RAND researchers for the R statistical computing language and environment and has since been expanded to include tools for SAS, Stata, and Shiny. For more information about TWANG and other causal tools being developed, see www.rand.org/statistics/twang.

RAND Social and Economic Well-Being is a division of the RAND Corporation that seeks to actively improve the health and social and economic well-being of populations and communities throughout the world. This research was conducted in the Social and Behavioral Policy Program within RAND Social and Economic Well-Being. The program focuses on such topics as risk factors and prevention programs, social safety net programs and other social supports, poverty, aging, disability, child and youth health and well-being, and quality of life, as well as other policy concerns that are influenced by social and behavioral actions and systems that affect well-being.

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