Package 'bp'

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Type Package Title Blood Pressure Analysis in R Version 2.1.0 Maintainer John Schwenck < jschwenck12@gmail.com> Description A comprehensive package to aid in the analysis of blood pressure data of all forms by providing both descriptive and visualization tools for researchers. License GPL-3 URL https://github.com/johnschwenck/bp BugReports https://github.com/johnschwenck/bp/issues **Encoding** UTF-8 LazyData true RoxygenNote 7.1.2 Imports dplyr, tidyr, magrittr, lubridate, ggplot2, gridExtra, cowplot, tibble, tidyselect, gtable **Depends** R (>= 3.5.0) Suggests knitr, rmarkdown, png VignetteBuilder knitr Language en-US NeedsCompilation no Author John Schwenck [aut, cre], Irina Gaynanova [aut] (<https://orcid.org/0000-0002-4116-0268>) **Repository** CRAN Date/Publication 2022-05-10 15:50:02 UTC

R topics documented:

arv						•	•		•	•	•	•	•					 		 						•	•	2
bp_arv																	•	 		•		•						4
bp_center		•		•	•	•		•		•	•	•	•	•	•	•	•	 	•	 •		•		•				6

bp_children	8
bp cv	9
bp ghana	11
bp_hist	14
bp hypnos	15
bp jhs	16
bp mag	17
bp preg	18
bp range	21
bp rats	22
bp report	23
bp_scatter	26
bp sleep metrics	30
bp stages	31
bp_stats	33
bp_sv	35
bp_tables	37
bp_ts_plots	39
CV	41
dip_calc	43
dip_class_plot	45
dow tod plots	47
process data	48
sleep_int	53
sv	54
	57

Index

arv

Average Real Variability (ARV)

Description

THIS IS A DEPRECATED FUNCTION. USE bp_arv INSTEAD.

Usage

```
arv(
    data,
    inc_date = FALSE,
    subj = NULL,
    bp_type = 0,
    add_groups = NULL,
    inc_wake = TRUE
)
```

Arguments

data	Required argument. Pre-processed dataframe containing SBP and DBP with optional ID, VISIT, WAKE, and DATE columns if available. Use process_data to properly format data.
inc_date	Optional argument. Default is FALSE. As ABPM data typically overlaps due to falling asleep on one date and waking up on another, the inc_date argument is typically kept as FALSE, but the function will work regardless. Setting inc_date = TRUE will include these dates as a grouping level.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
bp_type	Optional argument. Determines whether to calculate ARV for SBP values or DBP values. Default is 0 corresponding to output for both SBP & DBP. For both SBP and DBP ARV values use $bp_type = 0$, for SBP-only use $bp_type = 1$, and for DBP-only use $bp_type = 2$
add_groups	Optional argument. Allows the user to aggregate the data by an additional "group" to further refine the output. The supplied input must be a character vector with the strings corresponding to existing column names of the processed data input supplied. Capitalization of add_groups does not matter. Ex: add_groups = c("Time_of_Day")
inc_wake	Optional argument corresponding to whether or not to include WAKE in the group- ing of the final output (if WAKE column is available). By default, inc_wake = TRUE which will include the WAKE column in the groups by which to calculate the respective metrics.

Details

Calculate the Average Real Variability (ARV) at various levels of granularity based on what is supplied (ID, VISIT, WAKE, and / or DATE). ARV is a measure of dispersion that takes into account the temporal structure of the data and relies on the sum of absolute differences in successive observations, unlike the successive variation (SV) which relies on the sum of squared differences.

Value

A tibble object with a row corresponding to each subject, or alternatively a row corresponding to each date, if inc_date = TRUE. The resulting tibble consists of:

- ID: The unique identifier of the subject. For single-subject datasets, ID = 1
- VISIT: (If applicable) Corresponds to the visit # of the subject, if more than 1
- WAKE: (If applicable) Corresponds to the awake status of the subject (0 = asleep | 1 = awake)
- ARV_SBP / ARV_DBP: Calculates the average of the absolute differences between successive measurements. The resulting value averages across the granularity grouping for however many observations are present.

- N: The number of observations for that particular grouping. If inc_date = TRUE, N corresponds to the number of observations for that date. If inc_date = FALSE, N corresponds to the number of observations for the most granular grouping available (i.e. a combination of ID, VISIT, and WAKE)
- Any add_groups variables supplied to function argument will be present as a column in the resulting tibble.

References

Mena et al. (2005) A reliable index for the prognostic significance of blood pressure variability *Journal of Hypertension* **23(5)**.505-11, doi: 10.1097/01.hjh.0000160205.81652.5a.

Examples

```
# Load data
data(bp_hypnos)
data(bp_jhs)
# Process bp_hypnos
hypnos_proc <- process_data(bp_hypnos, sbp = "SYST", dbp = "DIAST", date_time = "date.time",
id = "id", wake = "wake", visit = "visit", hr = "hr", pp ="pp", map = "map", rpp = "rpp")
# Process bp_jhs data
jhs_proc <- process_data(bp_jhs, sbp = "Sys.mmHg.", dbp = "Dias.mmHg.", date_time = "DateTime",
hr = "Pulse.bpm.")
## Not run:
# ARV Calculation
bp_arv(hypnos_proc, add_groups = c("SBP_Category"))
bp_arv(jhs_proc, inc_date = TRUE)
## End(Not run)
```

```
bp_arv
```

Average Real Variability (ARV)

Description

Calculate the Average Real Variability (ARV) at various levels of granularity based on what is supplied (ID, VISIT, WAKE, and / or DATE). ARV is a measure of dispersion that takes into account the temporal structure of the data and relies on the sum of absolute differences in successive observations, unlike the successive variation (SV) which relies on the sum of squared differences.

Usage

```
bp_arv(
   data,
   inc_date = FALSE,
   subj = NULL,
```

bp_arv

```
bp_type = c("both", "sbp", "dbp"),
add_groups = NULL,
inc_wake = TRUE
```

Arguments

)

data	Required argument. Pre-processed dataframe containing SBP and DBP with optional ID, VISIT, WAKE, and DATE columns if available. Use process_data to properly format data.
inc_date	Optional argument. Default is FALSE. As ABPM data typically overlaps due to falling asleep on one date and waking up on another, the inc_date argument is typically kept as FALSE, but the function will work regardless. Setting inc_date = TRUE will include these dates as a grouping level.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
bp_type	Optional argument. Determines whether to calculate ARV for SBP values or DBP values, or both. For both SBP and DBP ARV values use bp_type = 'both', for SBP-only use bp_type = 'sbp, and for DBP-only use bp_type = 'dbp'. If no type specified, default will be set to 'both'
add_groups	Optional argument. Allows the user to aggregate the data by an additional "group" to further refine the output. The supplied input must be a character vector with the strings corresponding to existing column names of the processed data input supplied. Capitalization of add_groups does not matter. Ex: add_groups = c("Time_of_Day")
inc_wake	Optional argument corresponding to whether or not to include WAKE in the group- ing of the final output (if WAKE column is available). By default, inc_wake = TRUE which will include the WAKE column in the groups by which to calculate the respective metrics.

Value

A tibble object with a row corresponding to each subject, or alternatively a row corresponding to each date, if inc_date = TRUE. The resulting tibble consists of:

- ID: The unique identifier of the subject. For single-subject datasets, ID = 1
- VISIT: (If applicable) Corresponds to the visit # of the subject, if more than 1
- WAKE: (If applicable) Corresponds to the awake status of the subject (0 = asleep | 1 = awake)
- ARV_SBP / ARV_DBP: Calculates the average of the absolute differences between successive measurements. The resulting value averages across the granularity grouping for however many observations are present.
- N: The number of observations for that particular grouping. If inc_date = TRUE, N corresponds to the number of observations for that date. If inc_date = FALSE, N corresponds to the number of observations for the most granular grouping available (i.e. a combination of ID, VISIT, and WAKE)

• Any add_groups variables supplied to function argument will be present as a column in the resulting tibble.

References

Mena et al. (2005) A reliable index for the prognostic significance of blood pressure variability *Journal of Hypertension* **23**(**5**).505-11, doi: 10.1097/01.hjh.0000160205.81652.5a.

Examples

```
# Load data
data(bp_hypnos)
data(bp_jhs)
# Process bp_hypnos
hyp_proc <- process_data(bp_hypnos, sbp = "SYST", dbp = "DIAST", date_time = "date.time",
id = "id", wake = "wake", visit = "visit", hr = "hr", pp ="pp", map = "map", rpp = "rpp")
# Process bp_jhs data
jhs_proc <- process_data(bp_jhs, sbp = "Sys.mmHg.", dbp = "Dias.mmHg.", date_time = "DateTime",
hr = "Pulse.bpm.")
# ARV Calculation
```

```
bp_arv(hyp_proc, add_groups = c("SBP_Category"), bp_type = 'sbp')
bp_arv(jhs_proc, inc_date = TRUE)
```

bp_center

Measures of Center (bp_center)

Description

Calculate the mean and median at various levels of granularity based on what is supplied (ID, VISIT, WAKE, and / or DATE) for either SBP, DBP, or both.

Usage

```
bp_center(
   data,
   inc_date = FALSE,
   subj = NULL,
   bp_type = c("both", "sbp", "dbp"),
   add_groups = NULL,
   inc_wake = TRUE
}
```

```
)
```

Arguments

data

Required argument. Pre-processed dataframe with SBP and DBP columns with optional ID, VISIT, WAKE, and DATE columns if available. Use process_data to properly format data.

inc_date	Optional argument. Default is FALSE. As ABPM data typically overlaps due to falling asleep on one date and waking up on another, the inc_date argument is typically kept as FALSE, but the function will work regardless. Setting inc_date = TRUE will include these dates as a grouping level.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
bp_type	Optional argument. Determines whether to calculate center for SBP values or DBP values, or both. For both SBP and DBP ARV values use bp_type = 'both', for SBP-only use bp_type = 'sbp, and for DBP-only use bp_type = 'dbp'. If no type specified, default will be set to 'both'
add_groups	Optional argument. Allows the user to aggregate the data by an additional "group" to further refine the output. The supplied input must be a character vector with the strings corresponding to existing column names of the processed data input supplied. Capitalization of add_groups does not matter. Ex: $add_groups = c("Time_of_Day")$
inc_wake	Optional argument corresponding to whether or not to include WAKE in the group- ing of the final output (if WAKE column is available). By default, inc_wake = TRUE which will include the WAKE column in the groups by which to calculate the respective metrics.

Value

A tibble object with a row corresponding to each subject, or alternatively a row corresponding to each date if inc_date = TRUE. The resulting tibble consists of:

- ID: The unique identifier of the subject. For single-subject datasets, ID = 1
- VISIT: (If applicable) Corresponds to the visit # of the subject, if more than 1
- WAKE: (If applicable) Corresponds to the awake status of the subject (0 = asleep | 1 = awake)
- SBP_mean / DBP_mean: Calculates the mean of systolic blood pressure readings for the specified time granularity.
- SBP_med / DBP_med: Calculates the median of systolic blood pressure readings for the specified time granularity.
- N: The number of observations for that particular grouping. If inc_date = TRUE, N corresponds to the number of observations for that date. If inc_date = FALSE, N corresponds to the number of observations for the most granular grouping available (i.e. a combination of ID, VISIT, and WAKE)
- Any add_groups variables supplied to function argument will be present as a column in the resulting tibble.

Examples

Load data
data(bp_hypnos)
data(bp_jhs)

```
# Process bp_hypnos
hyp_proc <- process_data(bp_hypnos, sbp = "SYST", dbp = "DIAST", date_time = "date.time",
id = "id", wake = "wake", visit = "visit", hr = "hr", pp ="pp", map = "map", rpp = "rpp")
# Process bp_jhs data
jhs_proc <- process_data(bp_jhs, sbp = "Sys.mmHg.", dbp = "Dias.mmHg.", date_time = "DateTime",
hr = "Pulse.bpm.")
# BP Center Calculation
bp_center(hyp_proc, subj = c(70417, 70435))
```

bp_children

B-Proact1v Children Data

Description

The bp_children data set contains information on 1,283 children from Bristol, UK, who each took three blood pressure readings per visit over the course of two observation periods (at ages 9 and 11) and had their body mass index (BMI), physical activity, and sedentary time information recorded. The study examined how sedentary behavior and physical activity affected children progressing through primary school to better understand the relationship between elevated blood pressure in children and its impact on the development of cardiovascular disease into adulthood

Usage

bp_children

Format

A data frame containing 15 variables pertaining to blood pressure and physical activity as follows:

id Child ID

reading Index of the blood pressure reading

sbp Systolic Blood Pressure (mmHg)

dbp Diastolic Blood Pressure (mmHg)

gender 1 = Male

2 = Female

hh_educ Household Highest Education:

1 = Up to GCSE/O level or equiv

2 = A level/NVQ or equiv

3 = Degree/HND or equiv

4 = Higher degree (MSc/PhD) or equiv

visit Visit #

age Age in Years

bp_cv

ht Height (ft)
wt Weight (lbs)
bmi Body Mass Index
N.valid.days.all Number of days of child accelerometer data overall
avg.mins.all Average minutes per day over all valid days
sed.avg.mins.all Average sedentary minutes per day over all valid days
mvpa.avg.mins.all Average minutes of Moderate to Vigorous Physical Activity (MVPA) per day over all valid days

Details

(Solomon-Moore E, Salway R, Emm-Collison L, Thompson JL, Sebire SJ, Lawlor DA, Jago R (PI). 2020).

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Source

Original Paper: doi: 10.1371/journal.pone.0232333

Data: doi: 10.5281/zenodo.1049587

Principal Investigator (PI): Russ Jago (University of Bristol)

bp_cv

Coefficient of Variation (CV)

Description

Calculate the coefficient of variation at various levels of granularity based on what is supplied (ID, VISIT, WAKE, and / or DATE) for either SBP, DBP, or both. CV is a measure of dispersion

Usage

```
bp_cv(
    data,
    inc_date = FALSE,
    subj = NULL,
    bp_type = c("both", "sbp", "dbp"),
    add_groups = NULL,
    inc_wake = TRUE
)
```

Arguments

data	Required argument. Pre-processed dataframe with SBP and DBP columns with optional ID, VISIT, WAKE, and DATE columns if available. Use process_data to properly format data.
inc_date	Optional argument. Default is FALSE. As ABPM data typically overlaps due to falling asleep on one date and waking up on another, the inc_date argument is typically kept as FALSE, but the function will work regardless. Setting inc_date = TRUE will include these dates as a grouping level.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
bp_type	Optional argument. Determines whether to calculate CV for SBP values or DBP values, or both. For both SBP and DBP ARV values use bp_type = 'both', for SBP-only use bp_type = 'sbp, and for DBP-only use bp_type = 'dbp'. If no type specified, default will be set to 'both'
add_groups	Optional argument. Allows the user to aggregate the data by an additional "group" to further refine the output. The supplied input must be a character vector with the strings corresponding to existing column names of the processed data input supplied. Capitalization of add_groups does not matter. Ex: $add_groups = c("Time_of_Day")$
inc_wake	Optional argument corresponding to whether or not to include WAKE in the group- ing of the final output (if WAKE column is available). By default, inc_wake = TRUE which will include the WAKE column in the groups by which to calculate the respective metrics.

Value

A tibble object with a row corresponding to each subject, or alternatively a row corresponding to each date if inc_date = TRUE. The resulting tibble consists of:

- ID: The unique identifier of the subject. For single-subject datasets, ID = 1
- VISIT: (If applicable) Corresponds to the visit # of the subject, if more than 1
- WAKE: (If applicable) Corresponds to the awake status of the subject ($0 = asleep \mid 1 = awake$)
- CV_SBP / CV_DBP: Calculates the ratio of standard deviation to the mean. CV_SBP or CV_DBP is useful for comparing the degree of variation from one data series to another.
- SD_SBP / SD_DBP: For completeness, the cv function also includes the standard deviation as a comparison metric to measure spread around the average.
- N: The number of observations for that particular grouping. If inc_date = TRUE, N corresponds to the number of observations for that date. If inc_date = FALSE, N corresponds to the number of observations for the most granular grouping available (i.e. a combination of ID, VISIT, and WAKE)
- Any add_groups variables supplied to function argument will be present as a column in the resulting tibble.

bp_ghana

Examples

```
# Load data
data(bp_hypnos)
data(bp_jhs)
# Process bp_hypnos
hyp_proc <- process_data(bp_hypnos, sbp = "SYST", dbp = "DIAST", date_time = "date.time",
id = "id", wake = "wake", visit = "visit", hr = "hr", pp ="pp", map = "map", rpp = "rpp")
# Process bp_jhs data
jhs_proc <- process_data(bp_jhs, sbp = "Sys.mmHg.", dbp = "Dias.mmHg.", date_time = "DateTime",
hr = "Pulse.bpm.")
# CV Calculation
bp_cv(hyp_proc, inc_date = TRUE, add_groups = "SBP_Category", bp_type = 'sbp')
bp_cv(jhs_proc, add_groups = c("meal_time"))
# Notice that meal_time is not a column from process_data, but it still works
```

```
bp_ghana
```

Task Shifting and Blood Pressure Control in Ghana Data

Description

The bp_ghana data set includes 757 subjects across 32 community health centers who were partitioned into intervention groups according to a pragmatic cluster-randomized trial with 389 in the health insurance coverage (HIC) group and 368 in another group consisting of a combination of HIC with a nurse-led task-shifting strategy for hypertension control (TASSH) (this group is denoted TASSH + HIC). This study was an effort to assess the comparative effectiveness of HIC alone versus the combination of TASSH + HIC on reducing systolic blood pressure among patients with uncontrolled hypertension in Ghana. Baseline blood pressure measurements and 12 month follow-up results were collected among subjects, 85% of whom had 12 month data present

Usage

bp_ghana

Format

A data frame containing 21 variables pertaining to blood pressure as follows:

ID Subject ID

Time_Elapsed How much time elapsed between readings: Baseline measurement, 6 month followup, 12 month follow-up

SBP Systolic Blood Pressure

DBP Diastolic Blood Pressure

Age Age in Years

Gender 0 = Male

1 = Female

EducationLevel Highest Degree Earned:

- 1 = No Schooling
- 2 =Primary Schooling (Grades 1 to 6)
- 3 = Junior Secondary Schooling (JSS) (Grades 7-8)
- 4 = Secondary School (Grades 9-11)
- 5 = Completed Secondary School
- 6 = Technical school certificate
- 7 = Some college but no degree
- 8 = Associate degree
- 9 = Graduate or Professional school (MD, JD, etc.)
- 999 = Not specified

EmploymentStatus 0 = Unemployed

1 = Employed

Literacy 0 = Illiterate

1 = Literate

Smoking 1 = Smoker

- 2 = Occasional
- 3 = Ex-Smoker
- 4 = Non-Smoker

Income Income level expressed in home currency - Ghanaian cedi (GhC)

SiteNumber Site Location in Ghana:

1 =Suntreso

- 2 = Ananekrom
- 3 = Manhiya
- 4 = Apatrapa
- 5 = Nkawie
- 6 = A francho
- 7 = Kumsai South
- 8 = Mampongteng
- 9 = Mampong
- 10 = Bomfa
- 11 = Ejura
- 12 = Kofiase
- 13 = Kokofu
- 14 = Asuofia
- 15 = Konongo
- 16 = Subirisu
- 17 = Effiduase
- 18 = Abuakwa
- 19 = Tafo
- 20 = KMA
- 21 = Methodist
- 22 = Kenyasi
- 23 = Asonamaso

bp_ghana

24 = Juansa 25 = Juaso 26 = Sekyredumase 27 = Nkenkaasu 28 = Berekese 29 = Bekwai 30 = Dwease 31 = Kuntanese 32 = Foase

CVRisk Cardiovascular Risk Assessment (%) at Baseline:

1) <10% 2) 10-20% 3) 20-30% 4) 30 to 40% 999= Missing Data

BMI Body Mass Index

BMIClassification Classification of BMI:

1 = Underweight (<18.5 kg/m²) 2 = Normal (18.5 to 24.9 kg/m²) 3 = Overweight (25.0 to 29.9 kg/m²) 4 = Obese (>30 kg/m²)

PhysicalActivity All activity in weighted MET minutes (per week) at Baseline

TrtorCtrl 0 = Control
 1 = Treatment
RuralUrban 0 = Rural
 1 = Urban
DoctorsAvailable # of doctors on staff

NursesAvailable # of nurses on staff

Patientsannually # of patients seen annually

Details

(Ogedegbe G, Plange-Rhule J, Gyamfi J, Chaplin W, Ntim M, Apusiga K, Iwelunmor J, Awudzi KY, Quakyi KN, Mogavero JN, Khurshid K, Tayo B, Cooper R. 2019).

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Source

Original Paper: doi: 10.1371/journal.pmed.1002561 Data: doi: 10.5061/dryad.16c9m51 bp_hist

Description

The bp_hist function serves to display the frequencies of the SBP and DBP readings. These histograms are formatted to complement the bp_scatter function.

Usage

bp_hist(data, subj = NULL, bins = 30, na.rm = TRUE)

Arguments

data	A processed dataframe resulting from the process_data function that contains the SBP, DBP, SBP_CATEGORY, and DBP_CATEGORY columns.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
bins	An integer specifying how many bins to use for histogram plots. This is a ggplot parameter; default value set to 30
na.rm	An logical value specifying whether or not to remove empty values from data frame. This is a ggplot parameter; default value set to TRUE.

Value

A list containing four objects: three histogram visual graphics corresponding to the SBP / DBP totals, SBP frequency, and DBP frequency, and a fourth list element corresponding to a plot legend object for use in the bp_report function

Examples

bp_hypnos

bp_hypnos

HYPNOS Study - 5 Subject Sample

Description

ABPM measurements for 5 subjects with Type II diabetes. These data are part of a larger study sample that consisted of patients with Type 2 diabetes recruited from the general community. To be eligible, patients with Type 2 diabetes, not using insulin therapy and with a glycosylated hemoglobin (HbA_1c) value at least 6.5

Usage

bp_hypnos

Format

A data frame with the following columns:

NR. Integer. The index corresponding to the reading of a particular subject for a given visit.

DATE.TIME Character. The date-time value corresponding to the given reading.

SYST Integer. The systolic blood pressure reading.

MAP Integer. The mean arterial pressure value.

DIAST Integer. The diastolic blood pressure reading.

HR Integer. The heart rate value (measured in beats per minute – bpm).

PP Integer. The pulse pressure value calculated as the systolic value - the diastolic value.

- **RPP** Integer. The rate pressure product calculated as the systolic reading multiplied by the heart rate value.
- **WAKE** Integer. A logical indicator value corresponding to whether or not a subject is awake (WAKE = 1) or not.
- ID Integer. A unique identifier for each subject.
- VISIT Integer. A value associated with the visit number or a particular subject.
- **DATE** Character. A date-valued column indicating the date of the given reading. Dates are specified according to their actual date (i.e. 01:00 corresponds to the next date, even if the subject is awake. Awake-state is indicated via WAKE).

bp_jhs

Description

Single-subject self-monitored blood pressure readings over 108 days (April 15, 2019 - August 01, 2019). This data set has been processed and uploaded to the Harvard Dataverse for public use. It contains variables pertaining to Date/Time, Systolic BP, Diastolic BP, and Heart Rate. The data assumes a threshold blood pressure of 135 / 85 which is used to calculate excess amounts.

Usage

bp_jhs

Format

A data frame with the following columns:

- **DateTime** A POSIXct-formatted column corresponding to the date and time of the corresponding reading in local time.
- Month Integer. The month corresponding to the Date column.

Day Integer. The day of the month corresponding to the Date column.

Year Integer. The year corresponding to the Date column.

DayofWk Character. The day of the week corresponding to the Date column.

Hour Integer. The hour corresponding to the DateTime column.

Meal_Time Character. The estimated meal time corresponding to the DateTime column.

Sys.mmHg. Integer. The systolic blood pressure reading.

Dias.mmHg. Integer. The diastolic blood pressure reading.

bpDelta Integer. The difference between the Sys.mmHg. and Dias.mmHg. column. This is also known as the Pulse Pressure.

Pulse.bpm. Integer. The heart rate value (measured in beats per minute – bpm).

Source

doi: 10.7910/DVN/EA1SAP

bp_mag

Description

Calculate the Peak and Trough defined as the max BP - average BP and average BP - min BP, respectively.

Usage

```
bp_mag(
    data,
    inc_date = FALSE,
    subj = NULL,
    bp_type = c("both", "sbp", "dbp"),
    add_groups = NULL,
    inc_wake = TRUE
)
```

Arguments

data	Required argument. Pre-processed dataframe with SBP and DBP columns with optional ID, VISIT, WAKE, and DATE columns if available. Use process_data to properly format data.
inc_date	Optional argument. Default is FALSE. As ABPM data typically overlaps due to falling asleep on one date and waking up on another, the inc_date argument is typically kept as FALSE, but the function will work regardless. Setting inc_date = TRUE will include these dates as a grouping level.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
bp_type	Optional argument. Determines whether to calculate magnitude for SBP values or DBP values, or both. For both SBP and DBP ARV values use bp_type = 'both', for SBP-only use bp_type = 'sbp, and for DBP-only use bp_type = 'dbp'. If no type specified, default will be set to 'both'
add_groups	Optional argument. Allows the user to aggregate the data by an additional "group" to further refine the output. The supplied input must be a character vector with the strings corresponding to existing column names of the processed data input supplied. Capitalization of add_groups does not matter. Ex: add_groups = c("Time_of_Day")
inc_wake	Optional argument corresponding to whether or not to include WAKE in the group- ing of the final output (if WAKE column is available). By default, inc_wake = TRUE which will include the WAKE column in the groups by which to calculate the respective metrics.

Value

A tibble object with a row corresponding to each subject, or alternatively a row corresponding to each date if inc_date = TRUE. The resulting tibble consists of:

- ID: The unique identifier of the subject. For single-subject datasets, ID = 1
- VISIT: (If applicable) Corresponds to the visit # of the subject, if more than 1
- WAKE: (If applicable) Corresponds to the awake status of the subject (0 = asleep | 1 = awake)
- Peak_SBP / Peak_DBP: Measures the difference between the max value and the average
- Trough_SBP / Trough_DBP: Measures the difference between the average and the min value
- N: The number of observations for that particular grouping. If inc_date = TRUE, N corresponds to the number of observations for that date. If inc_date = FALSE, N corresponds to the number of observations for the most granular grouping available (i.e. a combination of ID, VISIT, and WAKE)
- Any add_groups variables supplied to function argument will be present as a column in the resulting tibble.

Examples

```
# Load data
data(bp_hypnos)
data(bp_jhs)
```

```
# Process bp_hypnos
```

```
hyp_proc <- process_data(bp_hypnos, sbp = "SYST", dbp = "DIAST", date_time = "date.time",
id = "id", wake = "wake", visit = "visit", hr = "hr", pp ="pp", map = "map", rpp = "rpp")
# Process bp_jhs data
jhs_proc <- process_data(bp_jhs, sbp = "Sys.mmHg.", dbp = "Dias.mmHg.", date_time = "DateTime",
hr = "Pulse.bpm.")
```

```
# BP Magnitude Calculation
bp_mag(hyp_proc)
bp_mag(jhs_proc, inc_date = TRUE)
```

bp_preg

Pregnancy Day Assessment Clinic Data

Description

The bp_preg data set includes 209 women each with 30 minute recordings during the Pregnancy Day Assessment Clinic (PDAC) observation window for up to a maximum of 240 minutes (i.e. a maximum of 8 total readings per subject per observation window in addition to an initial "booking" reading before the PDAC assessment). This recent study in obstetrics and gynecology investigated pregnancy-induced hypertension (PIH) and pre-eclampsia (PE) prediction by analyzing cardiac and physiological information to determine whether the blood pressure assessment of the first observation window of 1 hour (60 minutes) was sufficient relative to the standard 4 hour (240 minute) window.

bp_preg

Usage

bp_preg

Format

A data frame containing 55 variables related to physiological assessment during pregnancy. The data variable dictionary is as follows:

Abdominal.pain Binary indicator for whether an individual exhibits abdominal pain (1 = yes) or not (0 = no)

Accelerations Fetal heart rate accelerations

Admission Admission from PDAC

Age Maternal age at estimated date of confinement

ALP Alkaline phosphatase u/L

ALT Alanaine transaminase u/L

AN_PET Binary indicator for Antenatal diagnosis of pre-eclampsia 1 = yes, 0 = no

Antihypertensive.Meds Current antihypertensive medication

Asymptomatic Binary indicator for whether an individual is asymptomatic (1 = yes) or not (0 = no)

Baseline Baseline fetal heart rate (normal, bradycardia, tachycardia)

BMI Body Mass Index

Creatinine micromol/L

CTG Cardiotocogram

D_att_Dryad Date of attendance modified by adding a random number of days between -7 and +7

- **DBP** Diastolic Blood Pressure
- Decelerations Fetal heart rate decelerations
- **DOB_Dryad** Maternal date of birth modified by adding a random number of days between -7 and +7

DrRV Medical review during PDAC

EDC_Dryad Estimated date of confinement modified by adding a random number of days between -7 and +7

EmCS Emergency Caesarean section

Final.Diagnosis. Final diagnosis: 0 = nil, 1 = pregnancy induced hypertension, 2 = pre-eclampsia

GA_att Gestational age (weeks) at attendance

GGT Gamma glutamyl transaminase u/L

Grav Gravidity: number of pregnancies including the current one

Headache Binary indicator for whether an individual has a headache (1 = yes) or not (0 = no)

- Ht Maternal Height (cm)
- **Hyperreflexia** Binary indicator for whether an individual exhibits Hyperreflexia (1 = yes) or not (0 = no)

IOL Induction of labour

ID Subject ID #

IP_PET Intrapartum diagnosis of pre-eclampsia 1 = yes, 0 = no

Nausea Binary indicator for whether an individual exhibits Nausea (1 = yes) or not (0 = no)

Oedema Binary indicator for whether an individual exhibits Oedema (1 = yes) or not (0 = no)

Para Parity: number of pregnancies proceeding to 20 or more weeks, not including the current one

PHx_ASA Prescribed aspirin in this pregnancy

PHx_Eclampsia Past history of eclampsia

PHx_EssBP Past history of essential hypertension

PHx_PET Past history of pre-eclampsia

PHx_Smoker Smoking history

PIERS Pre-eclampsia Integrated Estimate of Risk (%)

PN_PET Postnatal diagnosis of pre-eclampsia 1 = yes, 0 = no

Platelets 10^9 per mL

PrevPDAC Number of previous PDAC assessments this pregnancy

Privacy Generic privacy consent form permits participation in audit

SBP Systolic Blood Pressure

- **SOB** Binary indicator for whether an individual exhibits Shortness of Breath (SOB) (1 = yes) or not (0 = no)
- **Safe.for.discharge.at.1.hour.** Binary indicator for whether an individual is safe for discharge at 1 hour (1 = yes) or not (0 = no)
- Safe.for.discharge.at.1.hour....Other..please.specify. Binary indicator for whether an individual is safe for discharge at 1 hour other comments

Self.discharge Self-discharge from PDAC

Time_Elapsed 30 minute recordings during the Pregnancy Day Assessment Clinic (PDAC) observation window for up to a maximum of 240 minutes including the "Booking" recording

Urate mmol/L

Urea micromol/L

UrinePCR Spot urine protein:creatinine ratio mg/mmol

Variability Fetal heart rate variability as judged visually

Visual.Disturbances Binary indicator for whether an individual exhibits Visual Disturbances (1 = yes) or not (0 = no)

Wt Pre-pregnancy or early pregnancy weight (kg)

Details

(McCarthy EA, Carins TA, Hannigan Y, Bardien N, Shub A, Walker S. 2015) Licensed under a CC-0 1.0 (Creative Commons) Universal Public Domain Dedication License

Source

doi: 10.5061/dryad.0bq15

bp_range

Description

Calculates the range (max - min) of both SBP and DBP values in addition to max and min values for reference with the option to specify date as an additional level of granularity

Usage

```
bp_range(
   data,
   inc_date = FALSE,
   subj = NULL,
   add_groups = NULL,
   inc_wake = TRUE
)
```

Arguments

data	Required dataframe with SBP and DBP columns corresponding to Systolic and Diastolic BP. This dataframe should come from data_process
inc_date	Optional argument. Default is FALSE. As ABPM data typically overlaps due to falling asleep on one date and waking up on another, the inc_date argument is typically kept as FALSE, but the function will work regardless. Setting inc_date = TRUE will include these dates as a grouping level.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
add_groups	Optional argument. Allows the user to aggregate the data by an additional "group" to further refine the output. The supplied input must be a character vector with the strings corresponding to existing column names of the processed data input supplied. Capitalization of add_groups does not matter. Ex: add_groups = c("Time_of_Day")
inc_wake	Optional argument corresponding to whether or not to include WAKE in the group- ing of the final output (if WAKE column is available). By default, inc_wake = TRUE which will include the WAKE column in the groups by which to calculate the respective metrics.

Value

A tibble with SBP_max, SBP_min, SBP_range, DBP_max, DBP_min, DBP_range and any additional optional columns included in data such as ID, VISIT, WAKE, and DATE. If inc_date = TRUE, each row will correspond to a date. The resulting tibble consists of:

- ID: The unique identifier of the subject. For single-subject datasets, ID = 1
- VISIT: (If applicable) Corresponds to the visit # of the subject, if more than 1
- WAKE: (If applicable) Corresponds to the awake status of the subject (0 = asleep | 1 = awake)
- SBP_max / DBP_max: Finds the maximum value for the given grouping granularity
- SBP_min / DBP_min: Finds the minimum value for the given grouping granularity
- SBP_range / DBP_range: Calculates the range between the max and min values
- N: The number of observations for that particular grouping. If inc_date = TRUE, N corresponds to the number of observations for that date. If inc_date = FALSE, N corresponds to the number of observations for the most granular grouping available (i.e. a combination of ID, VISIT, and WAKE)
- Any add_groups variables supplied to function argument will be present as a column in the resulting tibble.

Examples

```
# Load bp_hypnos
data(bp_hypnos)
data(bp_jhs)
```

```
# Process bp_hypnos
hypnos_proc <- process_data(bp_hypnos, sbp = "SYST", dbp = "DIAST", date_time = "date.time",
id = "id", wake = "wake", visit = "visit", hr = "hr", pp ="pp", map = "map", rpp = "rpp")
# Process bp_jhs data
jhs_proc <- process_data(bp_jhs, sbp = "Sys.mmHg.", dbp = "Dias.mmHg.", date_time = "DateTime",
hr = "Pulse.bpm.")
# Calculate BP range
```

```
bp_range(hypnos_proc)
bp_range(jhs_proc, inc_date = TRUE, add_groups = c("meal_time"))
# Notice that meal_time is not a column from process_data, but it still works
```

```
bp_rats
```

Blood Pressure in Salt-Sensitive Dahl Rats Data

Description

The bp_rats data set includes arterial blood pressure waveform time series data of the SS(n = 9) and SS.13 (n = 6) genetic strains of Dahl rats sampled at 100 Hz who were each administered a low and high salt diet. It is taken from the study of Bugenhagen et al.(2010) which sought to investigate the origins of the baroreflex dysfunction in salt-sensitive Dahl rats on Hypertension.

Usage

bp_rats

bp_report

Format

A data frame containing 5 variables pertaining to arterial continuous waveform blood pressure as follows:

rat_type The type of a particular Dahl Rat (either SS or SSBN13) corresponding to the sodium intake administered:

ss_hs = SS rat given the high sodium diet ss_ls = SS rat given the low sodium diet ssbn13_hs = SSBN13 rat given the high sodium diet ssbn13_ls = SSBN13 rat given the low sodium diet

rat_ID ID # corresponding to a particular rat. There are 9 SS rats and 6 SSBN13 rats.

ABP Continuous waveform data of each rat's arterial (blood) pressure sampled at 100 Hz.

time_sec Amount of time elapsed, expressed in seconds

time_min Amount of time elapsed, expressed in minutes

Details

(Goldberger A., Amaral L., Glass L., Hausdorff J., Ivanov P. C., Mark R., Bugenhagen S.M., Cowley A.W. Jr, Beard D.A., ... \& Stanley H. E. 2000).

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Source

Original Paper: doi: 10.1152/physiolgenomics.00027.2010 Data: doi: 10.13026/C20597

bp_report

Blood Pressure Report

Description

The bp_report function serves to aggregate various data visuals and metrics pertaining to the supplied data set into a clean formatted report.

Usage

```
bp_report(
   data,
   subj = NULL,
   inc_low = TRUE,
   inc_crisis = TRUE,
   group_var = NULL,
   save_report = TRUE,
```

```
path = NULL,
filename = "bp_report",
width = 11,
height = 8.5,
filetype = "pdf",
units = "in",
scale = 1.25,
plot = TRUE,
hist_bins = 30
)
```

Arguments

data	Required argument. A processed dataframe resulting from the process_data function to properly format data set. In order for the bp_report function to work properly, the following variables must be present and properly formatted:
	SBPDBP
	 DATE_TIME - Used in the process_data function to create additional columns that are needed for the bp_report function (SBP_Category, DBP_Category, Weekday, and Time_of_Day.)
	 SBP_CATEGORY - Automatically calculated in the process_data function DBP_CATEGORY - Automatically calculated in the process_data function
	 DAY_OF_WEEK - Automatically calculated in the process_data function TIME_OF_DAY - Automatically calculated in the process_data function
	• ID - (If applicable) Used for separating out different individuals, if more than one
	• VISIT - (If applicable) Used for separating out an individuals' different visits, if more than one
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
inc_low	Optional logical argument dictating whether or not to include the "Low" cate- gory for BP classification column (and the supplementary SBP/DBP Category columns). Default set to TRUE.
inc_crisis	Optional logical argument dictating whether or not to include the "Crisis" cat- egory for BP classification column (and the supplementary SBP/DBP Category columns). Default set to TRUE.
group_var	A categorical column of the input data set that the individual points are to be grouped / separated by for a given plot. Cannot contain more than 10 levels (to avoid overcrowding the plot). This is different from the wrap_var argument which segments plots by category and cannot be used with the process_data function.
save_report	A logical value indicating whether to save the BP report output as a separate file. The default is TRUE indicating that the report will be saved.

24

path	Optional argument. A string corresponding to the respective file path by which the report is to be saved. Do not include trailing slashes (i.e. ~/loc/) or the file name (i.e. ~/loc/testfile.pdf). By default, if not path argument specified, will save at the current working directory.
filename	Optional argument. A string corresponding to the name of the report. The de- fault is "bp_report". The string cannot begin with a number or non-alphabetical character.
	Note: DO NOT include the file type extension (such as ".pdf" or ".png") at the end of the string; the bp_report function will automatically join the name with the file type.
width	Optional argument. An numeric value corresponding to the width of the output document. The default is set to 12 inches.
height	Optional argument. An numeric value corresponding to the height of the output document. The default is set to 8.53 inches.
filetype	A string corresponding to he particular type of file that the report is to be saved as. Although PDF is the default possible options include:
	• pdf (default)
	• png
	• jpeg
	• tiff
	• bmp
	• eps
	• ps
units	A character string corresponding to the unit of measurement that the width and height correspond to in the exported output. The default is inches ("in"), but centimeters ("cm") and millimeters ("mm") are also available.
scale	A multiplicative scaling factor for the report output.
plot	A logical value indicating whether to automatically produce the plot of bp_report, or suppress the output. The default value is TRUE. If false, the returned object is a grob that can be plotted using grid.arrange
hist_bins	An integer specifying how many bins to use for histogram plots. This is a ggplot parameter; default value set to 30

Value

If plot = TRUE, the function produces a plot of BP report that contains scatterplot of BP values by stages (see bp_scatter), histograms of BP values by stages (see bp_hist) and frequency tables of BP values by stages and day of the week/time of the day (see dow_tod_plots). If plot = FALSE, the function returns the grob object that can be plotted later using grid.arrange. If save_report = TRUE, the report will be automatically saved at the current working directory (can be checked using getwd()) or at specified file path.

Examples

```
data("bp_jhs")
data("bp_hypnos")
hyp_proc <- process_data(bp_hypnos,</pre>
                         sbp = "syst",
                         dbp = "DIAST",
                         date_time = "date.time",
                         id = "id",
                         wake = "wake",
                         visit = "visit",
                         hr = "hr",
                         map = "map";
                         rpp = "rpp",
                         pp = "pp",
                         ToD_{int} = c(5, 13, 18, 23))
jhs_proc <- process_data(bp_jhs,</pre>
                          sbp = "Sys.mmHg.",
                          dbp = "Dias.mmHg.",
                         date_time = "DateTime",
                         hr = "pulse.bpm.")
rm(bp_hypnos, bp_jhs)
## Not run:
# Single-subject Report
# save_report = FALSE for illustrative purposes
# plot = TRUE will automatically generate a plot
bp_report(jhs_proc, save_report = FALSE, plot = TRUE)
# Multi-subject Report
# save_report = FALSE for illustrative purposes
# plot = FALSE will suppress the plot output and return a grob object
out = bp_report(hyp_proc, group_var = 'VISIT', save_report = FALSE, plot = FALSE)
gridExtra::grid.arrange(out)
## End(Not run)
```

bp_scatter

Blood Pressure Stage Scatter Plot

Description

Display all SBP and DBP readings on a scatterplot with deliniation of BP according to the 8 mutually exclusive levels of Hypertension as in Lee et al (2020) (the default), or the levels set by the American Heart Association (AHA).

26

bp_scatter

Usage

```
bp_scatter(
   data,
   plot_type = c("stages2020", "AHA"),
   subj = NULL,
   group_var = NULL,
   wrap_var = NULL,
   inc_crisis = TRUE,
   inc_low = TRUE
)
```

Arguments

data	A processed dataframe resulting from the process_data function that contains the SBP, and DBP columns, as well as (potentially) other information that can be used for grouping.
plot_type	String corresponding to the particular type of plot to be displayed. Default plot ("stages2020") sets the BP stages according to Lee et al (2020) with 8 mu- tually exclusive categories. Two additional categories, "Low" or "Crisis", can be determined through the inc_low or inc_crisis function arguments, respec- tively. Setting plot_type = "AHA" will use the stages according to the guide- lines set forth by the American Heart Association (reference: https://www. heart.org/en/health-topics/high-blood-pressure/understanding-blood-pressure-reading
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
group_var	A categorical column of the input data set that the individual points are to be grouped / separated by for a given plot. Cannot contain more than 10 levels (to avoid overcrowding the plot). This is different from the wrap_var argument which segments plots by category. The default value is NULL (no grouping).
wrap_var	A categorical column of the input data set that the plots are to be segmented by. If there are multiple levels such as time of day, or visit number, the output will include a matrix with each plot corresponding to an individual level. This differs from the group_var argument which separates data within the same plot. The default value is NULL (no wrapping).
inc_crisis	A TRUE / FALSE indicator of whether or not to include the "Crisis" (Hyper- tensive) category to the scatter plot. This is only activated in conjunction with "stages2020" plot type, and if TRUE is defined as SBP > 180 or DBP > 120. If FALSE, those values are displayed as either "ISH - S2", "S2" or "IDH - S2" stages (see details). This argument is ignored with plot type "AHA", where the "Crisis" stage (SBP > 180 or DBP > 120) is always displayed.
inc_low	A TRUE / FALSE indicator of whether or not to include the "Low" (Hypoten- sion) category to the scatter plot. This is only activated in conjunction with "stages2020" plot type, and if TRUE is defined as SBP < 100 and DBP > 60. If FALSE, those values are displayed as "Normal". This argument is ignored

with plot type "AHA", where the "Low" stage (SBP < 100 and DBP < 60) is always displayed.

Details

There are eight total stages according to Lee et al (2020) with the options to include two additional categories for "Low" (Hypotension) and Hypertensive "Crisis". The categories are as follows:

- Low (Optional) Legacy category for consistency with AHA stages. According to the AHA, low blood pressure is any reading with SBP < 100 and DBP < 60, and is depicted in light blue in the scatter plot. This is always displayed in "AHA" plot, and can be displayed in "stages2020" plot by setting inc_low = TRUE.
- Normal SBP readings less than 120 and DBP readings less than 80. Reading within this range that either have SBP > 100 or DBP > 60 are also considered Normal by AHA. Normal BP is depicted in green in the scatter plot.
- Elevated SBP readings between 120 129 and DBP readings less than 80. Coincides with Elevated stage as defined by AHA. Without intervention to control the condition, individuals are likely to develop Hypertension. Elevated BP is depicted in yellow in the scatter plot.
- Stage 1 All (SDH) SBP readings between 130 139 and DBP readings between 80 89. Stage 1 Hypertension will typically result in doctors prescribing medication or lifestyle changes. Stage 1 BP is depicted in dark orange in the scatter plot. These readings correspond to Stage 1 as defined by AHA.
- Stage 1 Isolated Diastolic Hypertension (IDH) SBP readings less than 130, but DBP readings between 80 89. This alternative stage 1 level accounts for unusually high diastolic readings, but fairly normal systolic readings and is depicted in orange in the plot. These readings correspond to Stage 1 as defined by AHA.
- Stage 1 Isolated Systolic Hypertension (ISH) SBP readings between 130 139, but DBP readings less than 80. This alternative stage 1 level accounts for unusually high systolic readings, but fairly normal diastolic readings and is depicted in orange in the plot. These readings correspond to Stage 1 as defined by AHA.
- Stage 2 All (SDH) SBP readings between 140 180 and DBP readings between 90 120.
 Stage 2 Hypertension will typically result in doctors prescribing both medication and lifestyle changes. Stage 2 BP is depicted in bright red in the scatter plot. These readings correspond to Stage 2 as defined by AHA.
- Stage 2 Isolated Diastolic Hypertension (IDH) SBP readings less than or equal to 140, but DBP readings greater than or equal to 90. This alternative stage 2 level accounts for unusually high diastolic readings, but fairly normal systolic readings and is depicted in red. These readings correspond to Stage 2 as defined by AHA.
- Stage 2 Isolated Systolic Hypertension (IDH) SBP readings greater than or equal to 140, but DBP readings less or equal to 90. This alternative stage 2 level accounts for unusually high systolic readings, but fairly normal diastolic readings and is depicted in red. These readings correspond to Stage 2 as defined by AHA.
- Crisis (Optional) Legacy category for consistency with AHA stages. According to the AHA, hypertensive crisis is defined as a SBP reading exceeding 180 or a DBP reading exceeding 120. This stage requires medical attention immediately. Crisis is depicted in red in the scatter plot. This is always displayed in "AHA" plot, and can be displayed in "stages2020" plot by setting inc_crisis = TRUE.

bp_scatter

Value

A scatter plot graphic using the ggplot2 package overlaying each reading (represented as points) onto a background that contains each stage

References

Lee H, Yano Y, Cho SMJ, Park JH, Park S, Lloyd-Jones DM, Kim HC. Cardiovascular risk of isolated systolic or diastolic hypertension in young adults. *Circulation*. 2020; 141:1778–1786. doi: 10.1161/CIRCULATIONAHA.119.044838

Unger, T., Borghi, C., Charchar, F., Khan, N. A., Poulter, N. R., Prabhakaran, D., ... & Schutte, A. E. (2020). 2020 International Society of Hypertension global hypertension practice guidelines. *Hypertension*, 75(6), 1334-1357. doi: 10.1161/HYPERTENSIONAHA.120.15026

Examples

```
data("bp_jhs")
data("bp_hypnos")
data("bp_ghana")
hypnos_proc <- process_data(bp_hypnos,</pre>
                         bp_type = 'abpm',
                          sbp = "syst",
                          dbp = "DIAST",
                          date_time = "date.time",
                          id = "id",
                          wake = "wake",
                          visit = "visit",
                          hr = "hr",
                          map = "map"
                          rpp = "rpp",
                          pp = "pp",
                          ToD_int = c(5, 13, 18, 23))
jhs_proc <- process_data(bp_jhs,
                          sbp = "Sys.mmHg.",
                          dbp = "Dias.mmHg.",
                          date_time = "DateTime",
                          hr = "pulse.bpm.")
rm(bp_hypnos, bp_jhs)
# HYPNOS Data
bp_scatter(hypnos_proc,
           inc_crisis = TRUE,
           inc_low = TRUE,
           group_var = "wake",
           wrap_var = "day_of_week")
# JHS Data
bp_scatter(jhs_proc,
           plot_type = "AHA",
           group_var = "time_of_day")
```

```
# Ghana Data Set
#(Note that column names are of proper naming convention so no processing needed)
bp_scatter(bp::bp_ghana, inc_crisis = TRUE, inc_low = FALSE, group_var = "TIME_ELAPSED")
```

bp_sleep_metrics Nocturnal Blood Pressure Metrics

Description

The bp_sleep_metrics function serves to calculate nocturnal metrics from relevant medical literature.

Usage

```
bp_sleep_metrics(data, subj = NULL)
```

Arguments

data	User-supplied data set containing blood pressure data. Must contain a Systolic blood pressure (SBP), Diastolic blood pressure (DBP) as well as ID, WAKE, and DATE_TIME columns.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.

Details

NOTE: Any reference to "sleep" in the bp package refers to an individual's nocturnal period; "sleep" is used in an informal sense for intuitive purposes. Technically, from a clinical perspective, indication of sleep is currently obtained through means of EEG or other highly specialized equipment. For all intents and purposes, sleep in the context of this package refers to actigraphy-inferred nocturnal periods of rest.

The calculation of BP metrics related to sleep is based on averages of BP readings from four periods as identified in Kairo et al. (2003): presleep or evening (2 hours before sleep start), prewake (2 hours before wake), postwake or morning (2 hours after wake), lowest (3 measurements centered at the minimal BP reading over sleep). The function uses WAKE column to automatically allocate BP measurements to various periods. The following metrics are defined as a function of the period averages (separately for SBP and DBP)

dip_calc = 1 - mean_sleep_BP/mean_wake_BP (dip proportion)

noct_fall = mean_presleep_BP - mean_lowest_BP (nocturnal fall)

ST_mbps = mean_postwake_BP - mean_lowest_BP (sleep through morning blood pressure surge)

PW_mbps = mean_postwake_BP - mean_prewake_BP (prewake morning blood pressure surge)

ME_avg = (mean_presleep_BP + mean_postwake_BP)/2 (morning-evening average)

ME_diff = mean_postwake_BP - mean_presleep_BP (morning-evening difference)

wSD = ((wake_SD x HRS_wake) + (sleep_SD x HRS_sleep)) / (HRS_wake + HRS_sleep) (weighted standard deviation)

```
30
```

bp_stages

Value

The function outputs a list containing 4 tibble objects corresponding to the following tables:

[[1]]	Counts of how many BP measurements were observed overall (N_total), to- tal number of readings during sleep (N_sleep), total number of readings dur- ing wake (N_wake), number of unique hours recorded during the sleep period (HRS_sleep), and number of unique hours recorded during the wake period (HRS_wake) for each subject ID and grouping variable
[[2]]	Summary statistics for systolic BP measurements (SBP): mean SBP value over Sleep and Wake, sd SBP value over Sleep and Wake, mean SBP value over presleep period (evening in Kario et al. (2003)), mean SBP value over prewake period, mean SBP value over postwake period (morning in Kario et al. (2003)), mean SBP value over 3 reading centered at the lowest SBP value during sleep
[[3]]	Summary statistics for diastolic BP measurements (DBP), same as for SBP
[[4]]	BP metrics associated with sleep as defined above, separately for SBP and DBP

References

Kario, K., Pickering, T. G., Umeda, Y., Hoshide, S., Hoshide, Y., Morinari, M., ... & Shimada, K. (2003). Morning surge in blood pressure as a predictor of silent and clinical cerebrovascular disease in elderly hypertensives: a prospective study. Circulation, 107(10), 1401-1406.

Examples

```
hypnos_proc <- process_data(bp_hypnos,
    sbp = "syst",
    dbp = "DIAST",
    date_time = "date.time",
    id = "id",
    wake = "wake",
    visit = "visit",
    hr = "hr",
    map = "map",
    rpp = "rpp",
    pp = "pp",
    bp_type = "abpm")
```

bp_sleep_metrics(hypnos_proc)

bp_stages

Alternative Blood Pressure Stages

Description

Adds BP_CLASS, SBP_Category, and DBP_Category columns to supplied dataframe.

Usage

```
bp_stages(
    data,
    sbp,
    dbp,
    inc_low = TRUE,
    inc_crisis = TRUE,
    data_screen = TRUE,
    SUL = 240,
    SLL = 50,
    DUL = 140,
    DLL = 40,
    adj_sbp_dbp = TRUE
)
```

Arguments

data	User-supplied dataset containing blood pressure data. Must contain data for Systolic blood pressure and Diastolic blood pressure at a minimum.
sbp	column name corresponding to systolic blood pressure (SBP)
dbp	column name corresponding to diastolic blood pressure (DBP)
inc_low	A TRUE / FALSE indicator of whether or not to include the "Low" (Hypoten- sion) category to the scatter plot. The range for Hypotension is set from a min- imum of 25 for DBP or 80 for SBP, or the corresponding minimum value for either category from the data until 60 for DBP and 100 for SBP.
inc_crisis	A TRUE / FALSE indicator of whether or not to include the Hypertensive "Crisis" category to the scatter plot. The range for crisis is any value above 180 for SBP or above 120 for DBP.
data_screen	Default to TRUE. data_screens for extreme values in the data for both SBP and DBP according to Omboni, et al (1995) paper - Calculation of Trough:Peak Ratio of Antihypertensive Treatment from Ambulatory Blood Pressure: Methodolog-ical Aspects
SUL	Systolic Upper Limit (SUL). If data_screen = TRUE, then SUL sets the upper limit by which to exclude any SBP values that exceed this threshold. The default is set to 240 per Omboni, et al (1995) paper - Calculation of Trough:Peak Ratio of Antihypertensive Treatment from Ambulatory Blood Pressure: Methodolog- ical Aspects
SLL	Systolic Lower Limit (SLL). If data_screen = TRUE, then SLL sets the lower limit by which to exclude any SBP values that fall below this threshold. The de- fault is set to 50 per Omboni, et al (1995) paper - Calculation of Trough:Peak Ra- tio of Antihypertensive Treatment from Ambulatory Blood Pressure: Method- ological Aspects
DUL	Diastolic Upper Limit (DUL). If data_screen = TRUE, then DUL sets the upper limit by which to exclude any DBP values that exceed this threshold. The default is set to 140 per Omboni, et al (1995) paper - Calculation of Trough:Peak Ratio of Antihypertensive Treatment from Ambulatory Blood Pressure: Methodolog- ical Aspects

32

bp_stats

DLL	Diastolic Lower Limit (DLL). If data_screen = TRUE, then DLL sets the lower
	limit by which to exclude any DBP values that fall below this threshold. The de-
	fault is set to 40 per Omboni, et al (1995) paper - Calculation of Trough:Peak Ra-
	tio of Antihypertensive Treatment from Ambulatory Blood Pressure: Method- ological Aspects
adj_sbp_dbp	Logical indicator to dictate whether or not to run helper functions that adjust / process SBP & DBP columns in supplied data set. Default set to: adj_sbp_dbp = TRUE

Details

Supplied dataframe must adhere to the unified format using the process_data function.

Value

A dataframe with additional columns corresponding to the stages of high blood pressure and the supplementary SBP / DBP categories

References

Omboni, S., Parati, G*., Zanchetti, A., Mancia, G. Calculation of trough: peak ratio of antihypertensive treatment from ambulatory blood pressure: methodological aspects *Journal of Hypertension*. October 1995 - Volume 13 - Issue 10 - p 1105-1112 doi: 10.1097/0000487219951000000005

Examples

```
# Load bp_hypnos
data(bp_hypnos)
bp_stages(bp_hypnos, sbp = "syst", dbp = "diast")
# Load bp_jhs data
data(bp_jhs)
bp_stages(bp_jhs, sbp = "sys.mmhg.", dbp = "dias.mmhg.")
```

bp_stats	Aggregated BP Summary Statistics
----------	----------------------------------

Description

Combines the output from the following functions:

- bp_center
- bp_cv
- bp_arv

- bp_sv
- bp_mag
- bp_range

Usage

```
bp_stats(
    data,
    inc_date = FALSE,
    subj = NULL,
    bp_type = c("both", "sbp", "dbp"),
    add_groups = NULL,
    inc_wake = TRUE
)
```

Arguments

data	Required argument. Pre-processed dataframe containing SBP and DBP with optional ID, VISIT, WAKE, and DATE columns if available. Use process_data to properly format data.
inc_date	Optional argument. Default is FALSE. As ABPM data typically overlaps due to falling asleep on one date and waking up on another, the inc_date argument is typically kept as FALSE, but the function will work regardless. Setting inc_date = TRUE will include these dates as a grouping level.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
bp_type	Optional argument. Determines whether to calculate magnitude for SBP values or DBP values, or both. For both SBP and DBP ARV values use bp_type = 'both', for SBP-only use bp_type = 'sbp, and for DBP-only use bp_type = 'dbp'. If no type specified, default will be set to 'both'
add_groups	Optional argument. Allows the user to aggregate the data by an additional "group" to further refine the output. The supplied input must be a character vector with the strings corresponding to existing column names of the processed data input supplied. Capitalization of add_groups does not matter. Ex: add_groups = c("Time_of_Day")
inc_wake	Optional argument corresponding to whether or not to include WAKE in the group- ing of the final output (if WAKE column is available). By default, inc_wake = TRUE which will include the WAKE column in the groups by which to calculate the respective metrics.

Value

A tibble object with a row corresponding to each subject, or alternatively a row corresponding to each date, if inc_date = TRUE. The resulting tibble consists of:

• ID: The unique identifier of the subject. For single-subject datasets, ID = 1

34

- N: The number of observations for that particular grouping. If inc_date = TRUE, N corresponds to the number of observations for that date. If inc_date = FALSE, N corresponds to the number of observations for the most granular grouping available (i.e. a combination of ID, VISIT, and WAKE)
- VISIT: (If applicable) Corresponds to the visit # of the subject, if more than 1
- WAKE: (If applicable) Corresponds to the awake status of the subject (0 = asleep | 1 = awake)
- Output from the following functions: bp_center, bp_cv, bp_arv, bp_sv, bp_mag, bp_range
- Any add_groups variables supplied to function argument will be present as a column in the resulting tibble.

Examples

```
# Load data
data(bp_hypnos)
data(bp_jhs)
# Process bp_hypnos
hyp_proc <- process_data(bp_hypnos, sbp = "SYST", dbp = "DIAST", date_time = "date.time",
id = "id", wake = "wake", visit = "visit", hr = "hr", pp ="pp", map = "map", rpp = "rpp")
# Process bp_jhs data
jhs_proc <- process_data(bp_jhs, sbp = "Sys.mmHg.", dbp = "Dias.mmHg.", date_time = "DateTime",
hr = "Pulse.bpm.")
# BP Stats Aggregated Table
```

```
bp_stats(hyp_proc, subj = c(70417, 70435), add_groups = c("SBP_Category"), bp_type = 'sbp')
bp_stats(jhs_proc, add_groups = c("SBP_Category"))
```

bp_sv

Successive Variation (SV)

Description

Calculate the successive variation (SV) at various levels of granularity based on what is supplied (ID, VISIT, WAKE, and / or DATE) for either SBP, DBP, or both. SV is a measure of dispersion that takes into account the temporal structure of the data and relies on the sum of squared differences in successive observations, unlike the average real variability (ARV) which relies on the sum of absolute differences. $SV = \operatorname{sqrt}(\operatorname{sum}(x_i+1 - x_i)^2/n-1)$

Usage

```
bp_sv(
    data,
    inc_date = FALSE,
    subj = NULL,
    bp_type = c("both", "sbp", "dbp"),
    add_groups = NULL,
    inc_wake = TRUE
)
```

Arguments

data	Required argument. Pre-processed dataframe with SBP and DBP columns with optional ID, VISIT, WAKE, and DATE columns if available. Use process_data to properly format data.
inc_date	Optional argument. Default is FALSE. As ABPM data typically overlaps due to falling asleep on one date and waking up on another, the inc_date argument is typically kept as FALSE, but the function will work regardless. Setting inc_date = TRUE will include these dates as a grouping level.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
bp_type	Optional argument. Determines whether to calculate SV for SBP values or DBP values, or both. For both SBP and DBP ARV values use bp_type = 'both', for SBP-only use bp_type = 'sbp, and for DBP-only use bp_type = 'dbp'. If no type specified, default will be set to 'both'
add_groups	Optional argument. Allows the user to aggregate the data by an additional "group" to further refine the output. The supplied input must be a character vector with the strings corresponding to existing column names of the processed data input supplied. Capitalization of add_groups does not matter. Ex: $add_groups = c("Time_of_Day")$
inc_wake	Optional argument corresponding to whether or not to include WAKE in the group- ing of the final output (if WAKE column is available). By default, inc_wake = TRUE which will include the WAKE column in the groups by which to calculate the respective metrics.

Details

NOTE: The canonical standard deviation, independent of the temporal structure using the sample average, is added for comparison: $\SD = \operatorname{sqrt}(\operatorname{sum}(x_i+1 - x_i)^2/n-1)$

Value

A tibble object with a row corresponding to each subject, or alternatively a row corresponding to each date if inc_date = TRUE. The resulting tibble consists of:

- ID: The unique identifier of the subject. For single-subject datasets, ID = 1
- VISIT: (If applicable) Corresponds to the visit # of the subject, if more than 1
- WAKE: (If applicable) Corresponds to the awake status of the subject (0 = asleep | 1 = awake)
- SV_SBP / SV_DBP: Calculates the square root of the average squared differences between successive measurements. The resulting value averages across the granularity grouping for however many observations are present.
- N: The number of observations for that particular grouping. If inc_date = TRUE, N corresponds to the number of observations for that date. If inc_date = FALSE, N corresponds to the number of observations for the most granular grouping available (i.e. a combination of ID, VISIT, and WAKE)
bp_tables

• Any add_groups variables supplied to function argument will be present as a column in the resulting tibble.

Examples

```
# Load data
data(bp_hypnos)
data(bp_jhs)
# Process bp_hypnos
hypnos_proc <- process_data(bp_hypnos, sbp = "SYST", dbp = "DIAST", date_time = "date.time",
id = "id", wake = "wake", visit = "visit", hr = "hr", pp ="pp", map = "map", rpp = "rpp")
# Process bp_jhs data
jhs_proc <- process_data(bp_jhs, sbp = "Sys.mmHg.", dbp = "Dias.mmHg.", date_time = "DateTime",
hr = "Pulse.bpm.")
# SV Calculation
bp_sv(hypnos_proc)
bp_sv(jhs_proc, add_groups = c("meal_time"))
# Notice that meal_time is not a column from process_data, but it still works
```

bp_tables

Blood Pressure Tables

Description

Generate a list of pertinent table outputs that detail various information specific to blood pressure.

Usage

```
bp_tables(
   data,
   bp_type = c("both", "sbp", "dbp"),
   bp_perc_margin = NULL,
   wake_perc_margin = 2,
   subj = NULL
)
```

data	A processed dataframe resulting from the process_data function that contains the SBP, DBP, DAY_OF_WEEK, Time_of_Day, SBP_CATEGORY, and DBP_CATEGORY columns.
bp_type	Optional argument. Determines whether to calculate tables for SBP values or DBP values, or both. For both SBP and DBP ARV values use bp_type = 'both', for SBP-only use bp_type = 'sbp, and for DBP-only use bp_type = 'dbp'. If no type specified, default will be set to 'both'

<pre>bp_perc_margin</pre>	An optional argument that determines which of the marginal totals to include in the raw count tables expressed as percentages. The argument can take on values either NULL (default, both SBP and DBP), 1 (SBP only), or 2 (DBP only).
wake_perc_margi	n
	An optional argument that determines which of the marginal totals to include in the tables pertaining to the percentages of awake / asleep readings if applicable (i.e. if the WAKE column is present). The argument can take on values either NULL (both SBP and DBP), 1 (SBP only), or 2 (DBP only).
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.

Value

A list of table outputs for various subsets of the data based on which bp_type is selected

Examples

```
data("bp_jhs")
data("bp_hypnos")
hyp_proc <- process_data(bp_hypnos,</pre>
                          bp_type = 'abpm',
                          sbp = "syst",
                          dbp = "DIAST",
                          date_time = "date.time",
                          id = "id",
                          wake = "wake",
                          visit = "visit",
                          hr = "hr",
                          map = "map",
                          rpp = "rpp",
                          pp = "pp",
                          ToD_{int} = c(5, 13, 18, 23))
jhs_proc <- process_data(bp_jhs,</pre>
                          sbp = "Sys.mmHg.",
                          dbp = "Dias.mmHg.",
                          date_time = "DateTime",
                          hr = "pulse.bpm.")
rm(bp_hypnos, bp_jhs)
bp_tables(jhs_proc)
bp_tables(hyp_proc)
```

bp_ts_plots

Description

Blood Pressure Time Series Plots

Usage

```
bp_ts_plots(
    data,
    index = NULL,
    subj = NULL,
    first_hour = 0,
    rotate_xlab = FALSE,
    wrap_var = NULL,
    wrap_row = NULL,
    wrap_col = NULL,
    method = NULL,
    formula = NULL
)
```

data	User-supplied data set containing blood pressure data. Must contain a Systolic blood pressure (SBP), Diastolic blood pressure (DBP) and an ID column. Data must also have either a DATE_TIME or DATE column, unless an index column is specified for the x axis. An index column trumps DATE_TIME and DATE if specified.
index	An optional user-specified column denoting x-axis values (other than DATE_TIME or DATE columns). index argument must be a character denoting a column in the supplied data. This argument is useful in the event the data has no corresponding date/time value, but rather an index of values such as (reading #1, #2, #3, etc. or office visit #1, #2, etc. as examples) If NULL, the function will look for DATE_TIME or DATE columns to reference. If index is character, it will be coerced to factor.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
first_hour	Optional argument denoting a value corresponding to the first hour of the x-axis for the hour plots. Only applicable to data sets that contain a DATE_TIME column. It is often easier to visualize a BP time series not from $0 - 23$ hours but rather an order that begins or ends with waking up such as first_hour = 6 which will sequence the hours from 6am (6, 7,, 23, 0,, 4, 5). The default value for first_hour is set at 0

rotate_xlab	An optional logical argument to rotate the x axis labels 90 degrees. The default value is set to FALSE.
wrap_var	An optional character argument indicating a column by which to "wrap" the data. This function utilizes ggplot2's facet_wrap function to split plots according to some extraneous variable (such as gender, smoking status, awake/asleep, etc.).
wrap_row	An optional argument specifying how many rows to wrap the plots if wrap_var is specified.
wrap_col	An optional argument specifying how many columnss to wrap the plots if wrap_var is specified.
method	(ggplot2 plotting arguments) Smoothing method (function) to use. Default is NULL, but also accepts a character vector "lm", "glm", "gam", "loess". NULL implies that the smoothing method will be chosen automatically based on the size of the largest group.
	See https://ggplot2.tidyverse.org/reference/geom_smooth.html for more details.
formula	(ggplot2 plotting arguments) Formula to use in smoothing function. Default is NULL implying $y \sim x$ for fewer than 1,000 observations and $y \sim x(x, bs = "cs")$ otherwise.
	See https://ggplot2.tidyverse.org/reference/geom_smooth.html for more details.

Value

If the data does not contain a DATE_TIME column, a single list will be returned with the timedependent plots for each subject ID. If the data does contain a DATE_TIME column (and index is not specified), a list of two lists will be returned for each subject ID: one corresponding to the time-dependent plots (according to the DATE_TIME values), and another plot corresponding to the HOUR plots which show repeated measurements of BP values throughout a 24-hour period. The index of the output therefore corresponds to whether there is only the time-dependent plot type (the former situation) or there are both time-dependent and hourly plot types (the latter situation).

Examples

```
# Pregnancy Data Set
```

```
# JHS Data Set
```

bp_jhs returns two lists since there is a DATE_TIME column: one for

C٧

Coefficient of Variation (CV)

Description

THIS IS A DEPRECATED FUNCTION. USE bp_cv INSTEAD.

Usage

```
cv(
  data,
  inc_date = FALSE,
  subj = NULL,
  bp_type = 0,
  add_groups = NULL,
  inc_wake = TRUE
)
```

data	Required argument. Pre-processed dataframe with SBP and DBP columns with optional ID, VISIT, WAKE, and DATE columns if available. Use process_data to properly format data.
inc_date	Optional argument. Default is FALSE. As ABPM data typically overlaps due to falling asleep on one date and waking up on another, the inc_date argument is typically kept as FALSE, but the function will work regardless. Setting inc_date = TRUE will include these dates as a grouping level.

subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
bp_type	Optional argument. Determines whether to calculate ARV for SBP values or DBP values. Default is 0 corresponding to output for both SBP & DBP. For both SBP and DBP ARV values use bp_type = 0, for SBP-only use bp_type = 1, and for DBP-only use bp_type = 2
add_groups	Optional argument. Allows the user to aggregate the data by an additional "group" to further refine the output. The supplied input must be a character vector with the strings corresponding to existing column names of the processed data input supplied. Capitalization of add_groups does not matter. Ex: add_groups = c("Time_of_Day")
inc_wake	Optional argument corresponding to whether or not to include WAKE in the group- ing of the final output (if WAKE column is available). By default, inc_wake = TRUE which will include the WAKE column in the groups by which to calculate the respective metrics.

Details

Calculate the coefficient of variation at various levels of granularity based on what is supplied (ID, VISIT, WAKE, and / or DATE) for either SBP, DBP, or both. CV is a measure of dispersion

Value

A tibble object with a row corresponding to each subject, or alternatively a row corresponding to each date if inc_date = TRUE. The resulting tibble consists of:

- ID: The unique identifier of the subject. For single-subject datasets, ID = 1
- VISIT: (If applicable) Corresponds to the visit # of the subject, if more than 1
- WAKE: (If applicable) Corresponds to the awake status of the subject (0 = asleep | 1 = awake)
- CV_SBP / CV_DBP: Calculates the ratio of standard deviation to the mean. CV_SBP or CV_DBP is useful for comparing the degree of variation from one data series to another.
- SD_SBP / SD_DBP: For completeness, the cv function also includes the standard deviation as a comparison metric to measure spread around the average.
- N: The number of observations for that particular grouping. If inc_date = TRUE, N corresponds to the number of observations for that date. If inc_date = FALSE, N corresponds to the number of observations for the most granular grouping available (i.e. a combination of ID, VISIT, and WAKE)
- Any add_groups variables supplied to function argument will be present as a column in the resulting tibble.

Examples

Load data
data(bp_hypnos)
data(bp_jhs)

dip_calc

```
# Process bp_hypnos
hypnos_proc <- process_data(bp_hypnos, sbp = "SYST", dbp = "DIAST", date_time = "date.time",
id = "id", wake = "wake", visit = "visit", hr = "hr", pp ="pp", map = "map", rpp = "rpp")
# Process bp_jhs data
jhs_proc <- process_data(bp_jhs, sbp = "Sys.mmHg.", dbp = "Dias.mmHg.", date_time = "DateTime",
hr = "Pulse.bpm.")
## Not run:
# CV Calculation
bp_cv(hypnos_proc, inc_date = TRUE, add_groups = "SBP_Category")
bp_cv(jhs_proc, add_groups = c("meal_time"))
# Notice that meal_time is not a column from process_data, but it still works
## End(Not run)
```

dip_calc

Nocturnal Blood Pressure Dipping Calculation

Description

Calculate the percent and average decline (or potentially reverse) in nocturnal blood pressure. This function is typically used with ABPM data, or at minimum, data with a corresponding a WAKE column available to indicate awake vs asleep.

Nocturnal blood pressure decline is an indicator of an individual's natural circadian rhythm. Studies have shown that individuals with diminished circadian rhythms are more likely to exhibit target organ damage. There is a "U-shaped" relationship that exists among the magnitude of nocturnal blood pressure decline; the extreme dippers and the non-dippers (including reverse dippers) are both more prone to mortality risk than normal dippers.

NOTE: Any reference to "sleep" in the bp package refers to an individual's nocturnal period; "sleep" is used in an informal sense for intuitive purposes. Technically, from a clinical perspective, indication of sleep is currently obtained through means of EEG or other highly specialized equipment. For all intents and purposes, sleep in the context of this package refers to actigraphy-inferred nocturnal periods of rest.

Usage

```
dip_calc(
    data,
    sleep_start_end = NULL,
    dip_thresh = 0.1,
    extreme_thresh = 0.2,
    inc_date = FALSE,
    subj = NULL
)
```

Arguments

data	User-supplied data set that must contain SBP, DBP, and either DATE_TIME or WAKE columns in order to distinguish between sleep and awake
	In the event of non-ABPM data (i.e. a data set without a corresponding WAKE column), then a DATE_TIME column must be present in order to denote which times correspond to sleep and which times correspond to awake.
<pre>sleep_start_en</pre>	d
	(optional) User-supplied manual override to adjust sleep interval indicating in- dicate start and end time corresponding to the sleep interval of interest. Must only contain 2 values and must be 24-hour denoted integers
	Example: sleep_start_end = c(22,5) indicates a sleep period from 10pm - 5am.
	NOTE: If the sleep_start_end function argument is specified, and no WAKE column exists, then awake/asleep indicators will be assigned according the the DATE_TIME column (which must exist). Otherwise, if sleep_int is not supplied, then the WAKE column will default to a sleep period between 11PM - 6AM as specified in the literature (see reference).
	Furthermore, the sleep_int argument will override the WAKE column, which may cause unintended consequences in the event that the data set already contains a WAKE column.
dip_thresh	Default threshold for normal "Dipping" set to 0.10 (i.e. 10%). This value repre- sents the maximum percentage that BP can fall during sleep and be characterized as "Normal" nocturnal decline (dipping). Specifically, this category includes all dips between 0% and this value.
extreme_thresh	Default threshold for "Extreme Dipping" set to 0.20 (i.e. 20%). This value represents the maximum percentage that BP can fall during sleep and be characterized as "Extreme" nocturnal decline (dipping). Specifically, this category includes all dips between the Normal dipping threshold and this value. NOTE: dip_thresh cannot exceed extreme_thresh.
inc_date	Default to FALSE. Indicates whether or not to include the date in the grouping of the final output
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.

Value

A list containing 2 tibble objects. The first tibble object lists grouped average values for SBP and DBP for awake and asleep periods. The second dip_pct tibble object lists the dipping percentage and classification according to the results from the first dip tibble. If inc_date = TRUE these two tibbles will be broken down further by date. There are 4 classifications a subject can have (assuming a default dipping threshold of 10% and extreme dipping threshold of 20% according to the original source):

• Reverse Dipper - no nocturnal decline (greater or equal to 0%)

- Non-Dipper a nocturnal decline between 0 10%
- Dipper a nocturnal decline between 10% and the extreme dipping % (20%)
- Extreme Dipper a nocturnal decline exceeding 20%

References

Okhubo, T., Imai, Y., Tsuji, K., Nagai, K., Watanabe, N., Minami, J., Kato, J., Kikuchi, N., Nishiyama, A., Aihara, A., Sekino, M., Satoh, H., and Hisamichi, S. (1997). Relation Between Nocturnal Decline in Blood Pressure and Mortality: The Ohasama Study, *American Journal of Hypertension* **10**(11), 1201–1207, doi: 10.1016/S08957061(97)002744.

Examples

dip_class_plot Plot of Dipping Classifications

Description

Graphical visualization of the dip_calc output for categories of dipping percentages.

NOTE: Any reference to "sleep" in the bp package refers to an individual's nocturnal period; "sleep" is used in an informal sense for intuitive purposes. Technically, from a clinical perspective, indication of sleep is currently obtained through means of EEG or other highly specialized equipment. For all intents and purposes, sleep in the context of this package refers to actigraphy-inferred nocturnal periods of rest.

Usage

```
dip_class_plot(
    data,
    subj = NULL,
    dip_thresh = 0.1,
    extreme_thresh = 0.2,
    thresh_mult = 2,
    sleep_start_end = NULL
)
```

Arguments

data	User-supplied data set that must contain SBP, DBP, and either DATE_TIME or WAKE columns in order to distinguish between sleep and awake
	In the event of non-ABPM data (i.e. a data set without a corresponding WAKE column), then a DATE_TIME column must be present in order to denote which times correspond to sleep and which times correspond to awake.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
dip_thresh	Default threshold for normal "Dipping" set to 0.10 (i.e. 10%). This value repre- sents the maximum percentage that BP can fall during sleep and be characterized as "Normal" nocturnal decline (dipping). Specifically, this category includes all dips between 0% and this value.
extreme_thresh	Default threshold for "Extreme Dipping" set to 0.20 (i.e. 20%). This value represents the maximum percentage that BP can fall during sleep and be characterized as "Extreme" nocturnal decline (dipping). Specifically, this category includes all dips between the Normal dipping threshold and this value. NOTE: dip_thresh cannot exceed extreme_thresh.
thresh_mult	Optional argument that serves as a multiplier by which to expand plot sizing for X and Y axis. Default set to 2.
<pre>sleep_start_end</pre>	
	Optional User-supplied manual override to adjust sleep interval indicating indi- cate start and end time corresponding to the sleep interval of interest. Must only contain 2 values and must be 24-hour denoted integers
	Example: sleep_start_end = c(22,5) indicates a sleep period from 10pm - 5am.

Value

A scatter plot of all dipping percentage values layered on top of the category plot outlined in Okhubo et al. (1995). dip_thresh and extreme_thresh denote the cutoffs for the Normal and Extreme dipping categories. Any dips below zero are denoted as Inverted (or Reverse) dipping.

The default plot categories are as follows:

• *INV*: Inverted (Reverse) Dipper - no nocturnal decline (greater or equal to 0%)

46

- ND: Non-Dipper a nocturnal decline between 0 10%
- *DIP*: Dipper a nocturnal decline between 10% and the extreme dipping % (20%)
- ED: Extreme Dipper a nocturnal decline exceeding 20%

References

Okhubo, T., Imai, Y., Tsuji, K., Nagai, K., Watanabe, N., Minami, J., Kato, J., Kikuchi, N., Nishiyama, A., Aihara, A., Sekino, M., Satoh, H., and Hisamichi, S. (1997). Relation Between Nocturnal Decline in Blood Pressure and Mortality: The Ohasama Study, *American Journal of Hypertension* **10**(**11**), 1201–1207, doi: 10.1016/S08957061(97)002744.

Examples

dip_class_plot(hypnos_proc)

dow_tod_plots

Blood Pressure Tables in Graphical Format

Description

Blood Pressure Tables in Graphical Format

Usage

dow_tod_plots(data, subj = NULL)

Arguments

data	A processed dataframe resulting from the process_data function that contains the SBP, DBP, DAY_OF_WEEK, Time_of_Day, SBP_Category, and DBP_Category columns.
subj	Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.

Value

A list of four 'gtables' that correspond to the tables for Day of Week and Time of Day broken down by both SBP and DBP.

Examples

```
data("bp_hypnos")
hyp_proc <- process_data(bp_hypnos,</pre>
                          bp_type = 'abpm',
                          sbp = "syst",
                          dbp = "DIAST",
                          date_time = "date.time",
                          id = "id",
                          wake = "wake",
                          visit = "visit",
                          hr = "hr",
                          map = "map",
                          rpp = "rpp",
                          pp = "pp",
                          ToD_{int} = c(5, 13, 18, 23))
rm(bp_hypnos)
dow_tod_plots_out <- dow_tod_plots(hyp_proc)</pre>
grid::grid.draw(
   gridExtra::grid.arrange(dow_tod_plots_out[[1]], dow_tod_plots_out[[2]], ncol = 2)
)
```

process_data Data Pre-Processor

Description

A helper function to assist in pre-processing the user-supplied input data in a standardized format for use with other functions in the bp package. See Vignette for further details.

Usage

```
process_data(
    data,
    bp_type = c("hbpm", "abpm", "ap"),
    ap = NULL,
    time_elap = NULL,
    sbp = NULL,
    dbp = NULL,
    date_time = NULL,
    id = NULL,
    group = NULL,
    wake = NULL,
    visit = NULL,
    hr = NULL,
```

48

```
pp = NULL,
map = NULL,
rpp = NULL,
DoW = NULL,
ToD_int = NULL,
eod = NULL,
data_screen = TRUE,
SUL = 240,
SLL = 50,
DUL = 140,
DLL = 40,
HRUL = 220,
HRLL = 27,
inc_low = TRUE,
inc_crisis = TRUE,
agg = FALSE,
agg_thresh = 3,
collapse_df = FALSE,
dt_fmt = "ymd HMS",
chron_order = FALSE,
tz = "UTC"
```

Arguments

)

data	User-supplied dataset containing blood pressure data. Must contain data for Systolic blood pressure and Diastolic blood pressure at a minimum.
bp_type	Required argument specifying which of the three BP data types ("HBPM", "ABPM", or "AP") the input data is. Default bp_type set to "HBPM". This argument determines which processing steps are necessary to yield sensible output.
ар	(For AP data only) Required column name (character string) corresponding to continuous Arterial Pressure (AP) (mmHg). Note that this is a required argument so long as bp_type = "AP". Ensure that bp_type is set accordingly.
time_elap	(For AP data only) Column name corresponding to the time elapsed for the given AP waveform data.
sbp	Required column name (character string) corresponding to Systolic Blood Pres- sure (mmHg)
dbp	Required column name (character string) corresponding to Diastolic Blood Pressure (mmHg)
date_time	Optional column name (character string) corresponding to Date/Time, but HIGHLY recommended to supply if available.
	For DATE-only columns (with no associated time), leave date_time = NULL. DATE-only adjustments are automatic. Dates can be automatically calculated off DATE_TIME column provided that it is called "DATE_TIME" exactly.
id	Optional column name (character string) corresponding to subject ID. Typi- cally needed for data corresponding to more than one subject. For one-subject datasets, ID will default to 1 (if ID column not found in dataset)

group	Optional column name (character string) corresponding to an additional group- ing variable that can be used to further break down data. NOTE that this simply sets the column as "GROUP" so that other functions recognize which column to use as the grouping variable.
wake	Optional column name (character string) corresponding to sleep status. A WAKE value of 1 indicates that the subject is awake and 0 implies asleep.
visit	Optional column name (character string) corresponding to Visit number
hr	Optional column name (character string) corresponding to Heart Rate (bpm)
рр	Optional column name (character string) corresponding to Pulse Pressure (SBP - DBP). If not supplied, it will be calculated automatically.
map	Optional column name (character string) corresponding to Mean Arterial Pressure
rpp	Optional column name (character string) corresponding to Rate Pulse Pressure (SBP * HR). If not supplied, but HR column available, then RPP will be calculated automatically.
DoW	Optional column name (character string) corresponding to the Day of the Week. If not supplied, but DATE or DATE_TIME columns available, then DoW will be created automatically. DoW values must be abbreviated as such c("Sun", "Mon", "Tue", "Wed", "Thu", "Fri", "Sat")
ToD_int	Optional vector of length 4, acceptable values are from 0 to 23 in a an order corresponding to hour for Morning, Afternoon, Evening, Night). This vector allows to override the default interval for the Time-of-Day periods: if NULL, the Morning, Afternoon, Evening, and Night periods are set at 6, 12, 18, 0 respectively, where 0 corresponds to the 24th hour of the day (i.e. Midnight). For example, ToD_int = $c(5, 13, 18, 23)$ would correspond to a period for Morning starting at 5:00 (until 13:00), Afternoon starting at 13:00 (until 18:00), Evening starting at 18:00 (until 23:00), and Night starting at 23:00 (until 5:00)
eod	Optional argument to adjust the delineation for the end of day (eod). The supplied value should be a character string with 4 characters representing the digits of 24-hour time, e.g. "1310" corresponds to 1:10pm. For individuals who do not go to bed early or work night-shifts, this argument adjusts the DATE column so that the days change at specified time. eod = "0000" means no change. eod = "1130" will adjust the date of the readings up to 11:30am to the previous date. eod = "1230" will adjust the date of the readings after 12:30pm to the next date.
data_screen	Optional logical argument; default set to TRUE. Screens for extreme values in the data for both SBP and DBP according to Omboni, et al (1995) paper - Cal- culation of Trough:Peak Ratio of Antihypertensive Treatment from Ambulatory Blood Pressure: Methodological Aspects
SUL	Systolic Upper Limit (SUL). If data_screen = TRUE, then SUL sets the upper limit by which to exclude any SBP values that exceed this threshold. The default is set to 240 per Omboni, et al (1995) paper - Calculation of Trough:Peak Ratio of Antihypertensive Treatment from Ambulatory Blood Pressure: Methodolog- ical Aspects
SLL	Systolic Lower Limit (SLL). If data_screen = TRUE, then SLL sets the lower limit by which to exclude any SBP values that fall below this threshold. The de-

	fault is set to 50 per Omboni, et al (1995) paper - Calculation of Trough:Peak Ra- tio of Antihypertensive Treatment from Ambulatory Blood Pressure: Method- ological Aspects
DUL	Diastolic Upper Limit (DUL). If data_screen = TRUE, then DUL sets the upper limit by which to exclude any DBP values that exceed this threshold. The default is set to 140 per Omboni, et al (1995) paper - Calculation of Trough:Peak Ratio of Antihypertensive Treatment from Ambulatory Blood Pressure: Methodolog- ical Aspects
DLL	Diastolic Lower Limit (DLL). If data_screen = TRUE, then DLL sets the lower limit by which to exclude any DBP values that fall below this threshold. The de- fault is set to 40 per Omboni, et al (1995) paper - Calculation of Trough:Peak Ra- tio of Antihypertensive Treatment from Ambulatory Blood Pressure: Method- ological Aspects
HRUL	Heart Rate Upper Limit (HRUL). If data_screen = TRUE, then HRUL sets the upper limit by which to exclude any HR values that exceed this threshold. The default is set to 220 per the upper limit of the common max heart rate formula: 220 - age
	see https://www.cdc.gov/physicalactivity/basics/measuring/heartrate.htm
HRLL	Heart Rate Upper Limit (HRUL). If data_screen = TRUE, then HRUL sets the upper limit by which to exclude any HR values that exceed this threshold. The de-fault is set to 27 per Guinness World Records - lowest heart rate (https://www.guinnessworldrecords.com/wrecords/lowest-heart-rate)
inc_low	Optional logical argument dictating whether or not to include the "Low" cate- gory for BP classification column (and the supplementary SBP/DBP Category columns). Default set to TRUE.
inc_crisis	Optional logical argument dictating whether or not to include the "Crisis" cat- egory for BP classification column (and the supplementary SBP/DBP Category columns). Default set to TRUE.
agg	Optional argument specifying whether or not to aggregate the data based on the amount of time between observations. If agg = TRUE then any two (or more) observations within the amount of time alloted by the agg_thresh argument will be averaged together.
agg_thresh	Optional argument specifying the threshold of how many minutes can pass be- tween readings (observations) and still be considered part of the same sitting. The default is set to 3 minutes. This implies that if two or more readings are within 3 minutes of each other, they will be averaged together (if agg is set to TRUE).
collapse_df	Optional argument that collapses the dataframe to eliminate repeating rows after aggregation.
dt_fmt	Optional argument that specifies the input date/time format (dt_fmt). Default set to "ymd HMS" but can take on any format specified by the lubridate package.
chron_order	Optional argument that specifies whether to order the data in chronological (Old- est dates & times at the top / first) or reverse chronological order (Most recent dates & times at the top / first). TRUE refers to chronological order; FALSE refers to reverse chronological order. The default is set to FALSE (i.e. most recent observations listed first in the dataframe).

See https://lubridate.tidyverse.org/reference/parse_date_time.html for more details.

tz Optional argument denoting the respective time zone. Default time zone set to "UTC". See Use OlsonNames() for a complete listing of all available time zones that can be used in this argument.

Value

A processed dataframe object with standardized column names and formats to use with the rest of bp package functions. The following standardized column names are used throughout

BP_TYPE	One of AP, HBPM or ABPM
ID	Subject ID
SBP	Systolic Blood Pressure
DBP	Diastolic Blood Pressure
SBP_CATEGORY	Ordinal, SBP characterization into "Low" < "Normal"<"Elevated"<"Stage 1"< "Stage 2" < "Crisis". "Low" is not included if inc_low = FALSE. "Crisis" is not included if inc_crisis = FALSE.
DBP_CATEGORY	Ordinal, DBP characterization into "Low" < "Normal"<"Elevated"<"Stage 1"< "Stage 2" < "Crisis". "Low" is not included if inc_low = FALSE. "Crisis" is not included if inc_crisis = FALSE.
BP_CLASS	Blood pressure categorization based on paired values (SBP, DBP) into one of the 8 stages according to Lee et al. 2020. See bp_scatter
HR	Heart Rate
MAP	Mean Arterial Pressure
PP	Pulse Pressure, SBP-DBP
DATE_TIME	Date and time in POSIXct format
DATE	Date only in Date format
MONTH	Month, integer from 1 to 12
DAY	Day, integer from 1 to 31
YEAR	Four digit year
DAY_OF_WEEK	Ordinal, with "Sun"<"Mon"<"Tue"<"Wed"<"Thu"<"Fri"<"Sat"
TIME	Time in character format
HOUR	Integer, from 0 to 23
TIME_OF_DAY	One of "Morning", "Afternoon", "Evening" or "Night"

References

Lee H, Yano Y, Cho SMJ, Park JH, Park S, Lloyd-Jones DM, Kim HC. Cardiovascular risk of isolated systolic or diastolic hypertension in young adults. *Circulation*. 2020; 141:1778–1786. doi: 10.1161/CIRCULATIONAHA.119.044838

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Unger, T., Borghi, C., Charchar, F., Khan, N. A., Poulter, N. R., Prabhakaran, D., ... & Schutte, A. E. (2020). 2020 International Society of Hypertension global hypertension practice guidelines. *Hypertension*, 75(6), 1334-1357. doi: 10.1161/HYPERTENSIONAHA.120.15026

Examples

```
# Load bp_hypnos
data("bp_hypnos")
# Process data for bp_hypnos
hypnos_proc <- process_data(bp_hypnos,</pre>
                               bp_type = 'abpm',
                               sbp = 'syst',
                               dbp = 'diast',
                               date_time = 'date.time',
                               hr = 'hr',
                               pp = 'PP'.
                               map = 'MaP',
                               rpp = 'Rpp',
                               id = 'id',
                               visit = 'Visit',
                               wake = 'wake',
                               data_screen = FALSE)
hypnos_proc
# Load bp_jhs data
data("bp_jhs")
# Process data for bp_jhs
# Note that bp_type defaults to "hbpm" and is therefore not specified
jhs_proc <- process_data(bp_jhs,</pre>
                          sbp = "Sys.mmHg.",
                          dbp = "Dias.mmHg.",
                          date_time = "DateTime",
                          hr = "Pulse.bpm.")
```

jhs_proc

sleep_int

Sleep Interval Manual Override

Description

Adjusts WAKE column to reflect start and end of user-defined sleep period. If sleep_start_end is NULL and WAKE column is included in input data, this function will not alter data.

Usage

sleep_int(data, sleep_start_end = NULL, adj = TRUE)

Arguments

data	Supplied data from function	
<pre>sleep_start_end</pre>		
	User-supplied sleep interval to indicate start and end time of the sleep interval of interest. Must only contain 2 values and must be 24-hour denoted integers	
adj	Logical indicating whether or not to perform necessary adjustments / additions to data for WAKE column (i.e. set the default sleep time from 11PM - 6 AM if no interval specified and a DATE_TIME column is available). Default set to TRUE. adj == FALSE essentially acts as a pass statement	

Value

Dataframe with added / adjusted WAKE column moved after DATE_TIME column containing binary 1 (awake) and 0 (asleep)

sv

Successive Variation (SV)

Description

THIS IS A DEPRECATED FUNCTION. USE bp_sv INSTEAD.

Usage

```
sv(
   data,
   inc_date = FALSE,
   subj = NULL,
   bp_type = 0,
   add_groups = NULL,
   inc_wake = TRUE
)
```

data	Required argument. Pre-processed dataframe with SBP and DBP columns with optional ID, VISIT, WAKE, and DATE columns if available. Use process_data to properly format data.
inc_date	Optional argument. Default is FALSE. As ABPM data typically overlaps due to falling asleep on one date and waking up on another, the inc_date argument is typically kept as FALSE, but the function will work regardless. Setting inc_date = TRUE will include these dates as a grouping level.

55

Optional argument. Allows the user to specify and subset specific subjects from the ID column of the supplied data set. The subj argument can be a single value or a vector of elements. The input type should be character, but the function will comply with integers so long as they are all present in the ID column of the data.
Optional argument. Determines whether to calculate ARV for SBP values or DBP values. Default is 0 corresponding to output for both SBP & DBP. For both SBP and DBP ARV values use bp_type = 0, for SBP-only use bp_type = 1, and for DBP-only use bp_type = 2
Optional argument. Allows the user to aggregate the data by an additional "group" to further refine the output. The supplied input must be a character vector with the strings corresponding to existing column names of the processed data input supplied. Capitalization of add_groups does not matter. Ex: add_groups = c("Time_of_Day")
Optional argument corresponding to whether or not to include WAKE in the group- ing of the final output (if WAKE column is available). By default, inc_wake = TRUE which will include the WAKE column in the groups by which to calculate the respective metrics.

Details

Calculate the successive variation (SV) at various levels of granularity based on what is supplied (ID, VISIT, WAKE, and / or DATE) for either SBP, DBP, or both. SV is a measure of dispersion that takes into account the temporal structure of the data and relies on the sum of squared differences in successive observations, unlike the average real variability (ARV) which relies on the sum of absolute differences. $SV = \operatorname{sqrt}(\operatorname{sum}(x_i+1 - x_i)^2/n-1)$

NOTE: The canonical standard deviation, independent of the temporal structure using the sample average, is added for comparison: $\SD = \operatorname{sqrt}(\operatorname{sum}(x_i+1 - x_i)^2/n-1)$

Value

A tibble object with a row corresponding to each subject, or alternatively a row corresponding to each date if inc_date = TRUE. The resulting tibble consists of:

- ID: The unique identifier of the subject. For single-subject datasets, ID = 1
- VISIT: (If applicable) Corresponds to the visit # of the subject, if more than 1
- WAKE: (If applicable) Corresponds to the awake status of the subject (0 = asleep | 1 = awake)
- SV_SBP / SV_DBP: Calculates the square root of the average squared differences between successive measurements. The resulting value averages across the granularity grouping for however many observations are present.
- N: The number of observations for that particular grouping. If inc_date = TRUE, N corresponds to the number of observations for that date. If inc_date = FALSE, N corresponds to the number of observations for the most granular grouping available (i.e. a combination of ID, VISIT, and WAKE)
- Any add_groups variables supplied to function argument will be present as a column in the resulting tibble.

56

Examples

```
# Load data
data(bp_hypnos)
data(bp_jhs)
# Process bp_hypnos
hypnos_proc <- process_data(bp_hypnos, sbp = "SYST", dbp = "DIAST", date_time = "date.time",
id = "id", wake = "wake", visit = "visit", hr = "hr", pp ="pp", map = "map", rpp = "rpp")
# Process bp_jhs data
jhs_proc <- process_data(bp_jhs, sbp = "Sys.mmHg.", dbp = "Dias.mmHg.", date_time = "DateTime",
hr = "Pulse.bpm.")
# SV Calculation
## Not run:
bp_sv(hypnos_proc)
bp_sv(jhs_proc, add_groups = c("meal_time"))
# Notice that meal_time is not a column from process_data, but it still works
```

End(Not run)

Index

* datasets bp_children, 8 bp_ghana, 11 bp_hypnos, 15 bp_jhs, 16 bp_preg, 18 bp_rats, 22 arv, 2 bp_arv,4 bp_center, 6 bp_children, 8 bp_cv, 9 bp_ghana, 11 bp_hist, 14, 25 bp_hypnos, 15 bp_jhs, 16 bp_mag, 17 bp_preg, 18 bp_range, 21 bp_rats, 22 $\texttt{bp_report, 23}$ bp_scatter, 25, 26, 52 $bp_sleep_metrics, 30$ bp_stages, 31 bp_stats, 33 bp_sv, 35 bp_tables, 37 $bp_ts_plots, 39$ cv, **4**1 dip_calc, 43

dip_class_plot, 45
dow_tod_plots, 25, 47

grid.arrange, 25

process_data, 48

sleep_int, 53
sv, 54